

8-19-2011

Daily Eastern News: August 19, 2011

Eastern Illinois University

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Recommended Citation

Eastern Illinois University, "Daily Eastern News: August 19, 2011" (2011). *August*. 9.
http://thekeep.eiu.edu/den_2011_aug/9

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BACK TO CAMPUS GUIDE

A

HOW TO EIU

HOW TO EIU

No matter how many tours you take or Facebook groups you join in preparation for life at Eastern, there is always an air of uncertainty when starting out at a new university.

The staff of the campus newspaper, *The Daily Eastern News*, put together this guide in the hope that it will provide you knowledge of the campus, housing and dining, the city and athletics and make the transition to Eastern a little bit easier.

HOW TO: CAMPUS

In this section you will find How To guides on surviving four years at a university, making it through text book rental, finding your way around campus, staying informed and do's and don'ts for campus life.

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INSIDE

B Housing & Dining



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ADVICE

A six-point guide to surviving college

Emily Steele
Editor-in-Chief

Let's face it, four years of college is a long stretch.

Think about it. If you make it through four years at Eastern you will have spent 420 days at school (not including finals weeks).

Roughly 20 percent of your time will be spent in the classroom. Ideally if you sleep eight hours a night, an estimated 30 percent of your time should be spent on sleeping (this is assuming that the hours lost from partying, video games and all nighters is compensated for by sleeping in during the weekends).

This leaves half a day entirely open for anything else.

People at Eastern like to complain that there is nothing to do. I have outlined the following steps in my survival guide in the hope that my experience and knowledge from the past four years at Eastern will make life for new students a little bit easier and give you something to do.

Plan ahead

It is too easy to fall into the trap of pushing off all your papers and proj-



ects when you would rather be hanging out with friends. Buy a planner or a notebook or a PDA (personal digital assistant, not a friend and a corner booth at Marty's) and get organized. It will save you from all-nighters and missed assignments.

On a similar note, don't wait until the last semester your senior year to try and get involved, which leads me to...

Have fun

People look back at college as the best years of their lives. Think about it: you are living with your friends, learning about things you (hopefully) enjoy, and most people only have the responsibility of taking care of themselves.

So join RSOs (registered student organizations). Go Greek. Make

friends. Leave your door open in the residence halls the first week you move in and I guarantee you will make some friends.

Be smart

I'll follow up my 'Have fun' point with a warning. I have seen too many classmates and friends pulled over, ticketed, fined and spend a night in jail to say that a night of extreme partying is worth it.

You want to leave Eastern with a degree, not a record.

Go to class

You are here to learn which can only take place if you actually show up to class once in a while. And showing up to class does not mean coming in five minutes late every day unprepared. It means coming into class on time, and prepared to learn regardless of the topic, you are paying for it after all.

At the end of a semester you do not "get" a grade, you earn one.

Go to bed

Sleep is not overrated. Yes, you will most likely have to pull an all-nighter or two at some point in the next four

years, but caffeine will only last you so long. This goes back to my first point of planning.

Explore Charleston

You'll be living here for the next four years. It is to your benefit to know a little something about the area. Head out to Ashmore Estates in October to explore an old asylum. Go south to visit Lerna and see the world's fastest soda machine (I'm not kidding, there is a Facebook page). Or take a drive down to Lake Charleston and Fox Ridge one sunny weekend.

In the end just do what makes you happy, and do it well. Don't worry about changing majors if that is what will make you happy.

Someone once told that there are three parts to college, but you can only pick two to do efficiently: sleep, homework and fun.

I disagree.

Any college experience is what you make of it.

So make the most of it because the next 420 days, or however long your stay at Eastern, will not last forever.

PEOPLE

Top 10 People to know on campus

- 1) President Bill Perry
- 2) Mark Hudson, the director of Housing and Dining Services
- 3) Billy the Panther, the Eastern mascot
- 4) Bob Spoo, the head football coach, who is in his last year
- 5) Student Body President Ed Hotwagner and Jarrod Scherle, the student executive vice president
- 6) Your Resident Assistant
- 7) Your roommate and neighbor
- 8) Your adviser
- 9) The University Police Department
- 10) Murdoch, the singing '80s guy.

THE DAILY EASTERN NEWS

"Tell the truth and don't be afraid."

Contact

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or fax us at:

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Printed

by Eastern Illinois University on soy ink and recycled paper.



Attention postmaster

Send address changes to:
The Daily Eastern News
1802 Bozzard Hall,
Eastern Illinois University
Charleston, IL 61920

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The Daily Eastern News is produced by the students of Eastern Illinois University. It is published daily Monday through Friday, in Charleston, Ill., during fall and spring semesters and twice weekly during the summer term except during university vacations or examinations. One copy per day is free to students and faculty. Additional copies can be obtained for 50 cents each in the Student Publications Office in Bozzard Hall. The Daily Eastern News is a member of The Associated Press, which is entitled to exclusive use of all articles appearing in this publication.

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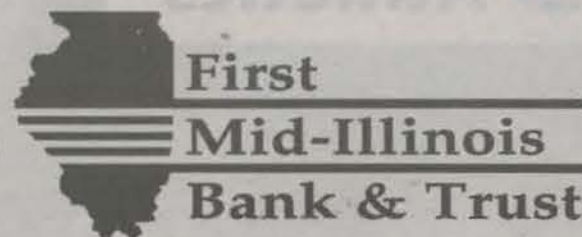
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Glossary of Terms: Campus

Booth (n.) - Booth Library is the place where students go to catch up on some reading or frantically work on a paper until 1 a.m. (2) Booth House is where the Honors College is located.

The DEN (n.) - *The Daily Eastern News*. The daily campus newspaper that is available in a campus building near you.

Green Zone (n.) - Lime-green room in the theater wing of Doudna. It is usually populated with theater majors.

The HERC (n.) - The Health Education Resource Center, which is located in the Red Brick Building (see below). You can pick up health information and condoms from the Rubber Lovers program here.

Fishbowl (n.) - (1) The 24-hour student lounge located on the first floor of the Martin Luther King Jr. University Union under the bridge lounge. (2) The giant class cubicle of computers on the fourth floor of Booth Library.

P-Bus/Panther Shuttle (n.) - Shuttle bus that travels around campus, to County Market, The Square and Wal-Mart.

P-Card (n.) - Every student has a Panther Card that can be used for meal swipes, dining dollars, laundry, ATM Card and ID for on campus events.

The Quads (n.) - The North Quad is between the Union and the Library. The South Quad, where most people gather to frolic, is south of Lumpkin Hall.

The Rec (n.) - The Student Recreation Center is where student can go to exercise. (See the Athletics section for more information.)

The Red Brick Building (n.) - This is actually the Student Services building located between Old Main and the Union.

Red Zone (n.) - Bright-red section in the heart of the Doudna Fine Arts Center.

RSO (n.) - A Registered Student Organization, basically a club.

The Union (n.) - Martin Luther King Jr. University Union located in the center of campus.

The Steps (n.) - The giant steps located outside Doudna that students lounge on regularly. Don't worry; there's Wi-fi.

The Scooter Guy (n.) - You'll see him on a sunny afternoon zooming across campus. Try not to get in his way.

The Tundra (n.) - The field located south of the Tarble Arts Center. Lacrosse and the Panther Marching Band Practice occur here.

The 7th Street Underground (n.) - An open area in the basement of the Union. A lot of concerts and comedy shows happen here.

Murdock (n.) - The guy who screams '80s songs on the Quad. He is nice; he takes requests.

STUDENT LEADERS

How to get involved early

By Shelley Holmgren
Administration Editor

One of the ways for students to get familiar with their new home at Eastern is to take up a leadership position on campus.

Kaci Abolt, a sophomore communication studies major, serves as the vice president for student affairs in the student government.

Twelve credit hour tuition waivers are available for students who hold executive positions with the student government. Although tuition waivers are not available for entering student senate members, many members can apply for grants for their positions.

Abolt became involved with the student government at the beginning of her sophomore year with an appointment as a senate member in the fall.

Abolt said she chose to join the student government after involvement in a similar organization in high school.

"It was overwhelming at first after being the top dog in high school," Abolt said. "However, it helps with a lot of skills and broadened how comfortable I am with communication."

In the fall, interviews will be conducted for the open student senate member seats. If not appointed, students can also be involved as a non-senate member and volunteer on committees.

"We want a diverse group of people. It's something we really strive for and are proud of," Abolt said.

Another way to be involved at the



KIMBERLY FOSTER | THE DAILY EASTERN NEWS

Jarrod Scherle, student executive vice president and former speaker of the student senate, gives the state of the senate address April 27 in the University Ballroom of the Martin Luther King Jr. University Union.

university is with New Student Programs. Abolt started working for the office in October of her freshman year. From there, she worked as debut leader last summer and will return as a Prowl leader in the fall.

Program Specialists participate in the development and implementation of the EIU Debut and Prowl, orientation and transition events for incoming freshmen and transfer students.

Abolt said serving as a Debut Leader was a great experience.

"During the interview process, I learned a lot about myself," Abolt said.

Abolt said the way to get involved is to stop by the New Student Programs office to learn about the positions available.

"We are looking for personali-

ty," Abolt said. "We try to get Senior Prowl Leaders and Debut Leaders from different parts of campus life. A lot of people who apply, and it is important to stand out."

The interview process for Debut and Senior Prowl Leaders involves a group interview day as well as individual interviews. From there, there is a cut. Those still in the running have to give a presentation on an aspect of campus to the leadership staff.

"It's really important to get involved from the start," Abolt said. "People wait to the end of sophomore year and the beginning of their junior year. But college goes by so fast and there are so many things you can do."

Shelly can be reached at 581-2812 or meholmgren@ciu.edu.

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How to ... Navigate Campus

Learn how to get fit and take advantage of the Student Recreation Center on page 3D.

Old Main

Booth Library

Gregg Lab

Tarble Arts Center

Coleman Hall

Klehm Hall

How to ... Textbook Rental
Get ahead of the curve! Learn the Do's and Don'ts and how to survive Textbook Rental on page 8A.

Ninth St. Hall

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Campus Guide Key

1

Old Main - Built in 1895, this building is where you will find the office of President Bill Perry.

2

Physical Science Building - Houses psychology, geology, geography and many more.

3

Blair Hall - This building houses sociology majors as well as the Study Abroad office.

4

Martin Luther King Jr. University Union - Houses the campus bookstore and food court.

5

Doudna Fine Arts Center - The big pointy building on campus - art, theater and music majors live here.

6

Booth Library - Named after Mary Booth, this is one of the quiet places you can study on campus.

7

Buzzard Hall - Home of *The Daily Eastern News*, WEIU-TV, FM and journalism and education majors.

8

Life Science Building - Walk through to see the aquariums. Only place on campus to see a snake!

9

Klehm Hall - ROTC & advertising majors can be found here. They also screen print T-shirts!

10

Lumpkin Hall - Connected with Klehm, Business majors spend their time here.

11

Coleman Hall - Here you will find The Writing Center and a lot of the Fine Arts departments.

12

Campus Pond - You can go fishing here. We promise there are fish in here.

13

Tarble Arts Center - They exhibit a fun mix of art projects, including student art.

14

Textbook Rental Center - Hopefully, you will only visit this twice a semester!

15

Campus Trail - You can run here. People do sometimes.

16

Observatory - Open Houses take place on the last Friday of each month, rainy or clear, hot or cold).

17

Greek Court - Fraternities and sororities are housed here.

18

Health Services - Try not to get sick, but if you do, go here.

19

Ninth St. Hall - Students who are undecided majors will be advised here.

20

Student Recreation Center - Get your fitness on (and it's free, so enjoy it).

21

O'Brien Stadium - Home of Panther football.

22

Gregg Computer Lab - Great place to use campus computers and rent out video and photo equipment.

23

7th St. Underground - Here you can enjoy comedy shows, open mic nights and other performances.

TECHNOLOGY

Using social media to stay informed

By Zinika Livingston
Staff Reporter

With the help of the Internet and social networking sites like Facebook and Twitter, staying informed on campus is now a lot easier.

Julie Spidale, a junior elementary education major, said she notices event flyers on campus but the events that stick out are the ones she receives from Facebook events that are sent directly to her phone.

"It's easier to do or be a part of a Facebook group because you can inform a lot of people at once," Spidale said.

Ebony Frazier, a senior psychology major, is also a big fan of Facebook events, even though she said she takes time to read the flyers on campus.

Frazier, also a member of Delta Sigma Theta, Inc., said when preparing for an event for her sorority she will post the flyer as her profile picture.

"It's turning into a time where social networking is easier and more convenient," said Otis Seawood, the University Board special events coordinator.

The University Board sponsored events are advertised by flyers, social networking sites and word of mouth, Seawood said.

"You have to know the right people to talk to," he said.

A part of getting to know the right people is getting involved in registered student organizations and networking with other classmates and student leaders that can help inform about campus news and events, Seawood said.

Student government has also used flyers to advertise its weekly meetings.

Jennifer Prillaman, the student vice president of academic affairs, said flyers help to advertise and inform students about weekly meetings, but the best way to find out about student events and issues on campus is attending the weekly meetings and visiting the student government website.

Student government members may also be contacted via email which is also located on the student government website.

Student Senate members visit different RSOs at least every month to inform the members and hear student issue concerns.

"We come to the students so they don't have to come to us," said Prillaman, a junior international relations and French major.

Student government meetings are 7 p.m. Wednesdays in the Arcola-Tuscola Room of the Martin Luther King Jr. University Union.

A calendar of the UB events is posted in the Student Activities Office of the Union to inform students about upcoming campus events and activities.

"It's easier to do or be a part of Facebook because you can inform a lot of people at once."

Julie Spidale, a junior elementary education major

Zinika Livingston can be reached at 581-2812 or zclivingston@ciu.edu.

Do's & Don'ts Campus		Do take advantage of the free Student Recreation Center classes.	Don't leave your clothes in the washing machines and dryers.	Do invest in rain boots.
Don't be branded as a college drunk the first week.	Do use free printing in Booth Library (2 nd floor computers for digital databases).	Don't put \$100 on your Panther Chip.	Do take advantage of golf carts when getting text books.	
Don't wait to sign a lease for off-campus housing.	Do keep on Jimmy John's on speed dial.	Do use the reusable water bottle (Also ask for punch card at Java Beanery or the Food Court.)	Don't spend all of your dining dollars the first week.	Do go to all Prowl events.
Don't forget about courtesy hours.	Do take advantage of the side dishes at Stevenson Dining.	Don't lose your keys.	Do apply for seasonal campus jobs.	

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FINANCES

Student fees cover university needs

Stephanie Brombosz & Cameron Dow
Staff Reporters

An average full-time Eastern student pays about \$817 in mandatory student fees during an academic school year.

There are a total of 11 fees that cover things like Eastern's textbook rental service, student health insurance, an activity fee and Student Legal Services.

Ashley Roberts, a sophomore accounting major, said she would want to see student fees help improve Greek Life.

"I would like to see some fees go toward Greek Life so we can get working air conditioning," Roberts said.

The student legal service fee is \$5.22 and has been that way since the 2008-09 academic year.

The Student Legal Service can provide students with court representation and council student organizations on civil matters, according to the 2010-2011 Fee Booklet.

The Union/Bond revenue fee, which costs students \$212, funds the operation of the Martin Luther King Jr. University Union, Lantz Arena, O'Brien Stadium and the Student Recreation Center.

The Union/Bond revenue is the most expensive fee.

The breakdown of all the fees can be attributed to the operation and maintenance of buildings on campus like the Martin Luther King Jr. University Union and the Student Recreation Center. The highest operating fee for the Union is \$80.03.

Andre Simmons, a senior communication studies major, said the student fees should pertain to the overall benefit of all Eastern students.

"I would like to see my fees go more toward activities and Grant-in-Aid. Just whatever would help out the students more, like the shuttle bus and helping kids pay for their tuition," Simmons said.

The student government has been looking into extending student fees to create a new shuttle bus route to take Eastern students to Mattoon.

Another portion of student fees are also given to the Apportionment Board, an Eastern organization that takes student fees and divides them among the University Board, the Student Recreation Center, student government and the AB itself.

After giving the four groups their yearly budgets, AB oversees any additional money allocation requests made.

Ashley Hoogstraten, the head of the Apportionment Board, said the university works to keep the fees as reasonable as possible.

The projective budget that was presented at the last AB meeting raised concerns that student government and other Eastern groups over budgeting the money in their accounts.

"I don't think they are necessarily over budgeting, but they are budgeting for what they think they need," said Hoogstraten, a senior communication studies major. "But (the requests) have been bigger this year."

The Apportionment Board divides the student fees among four fee-funded organizations: the student government, the Student Recreation Center, the UB and AB itself.

Then, The AB also oversees all other additional money distributing requests, Hoogstraten said.

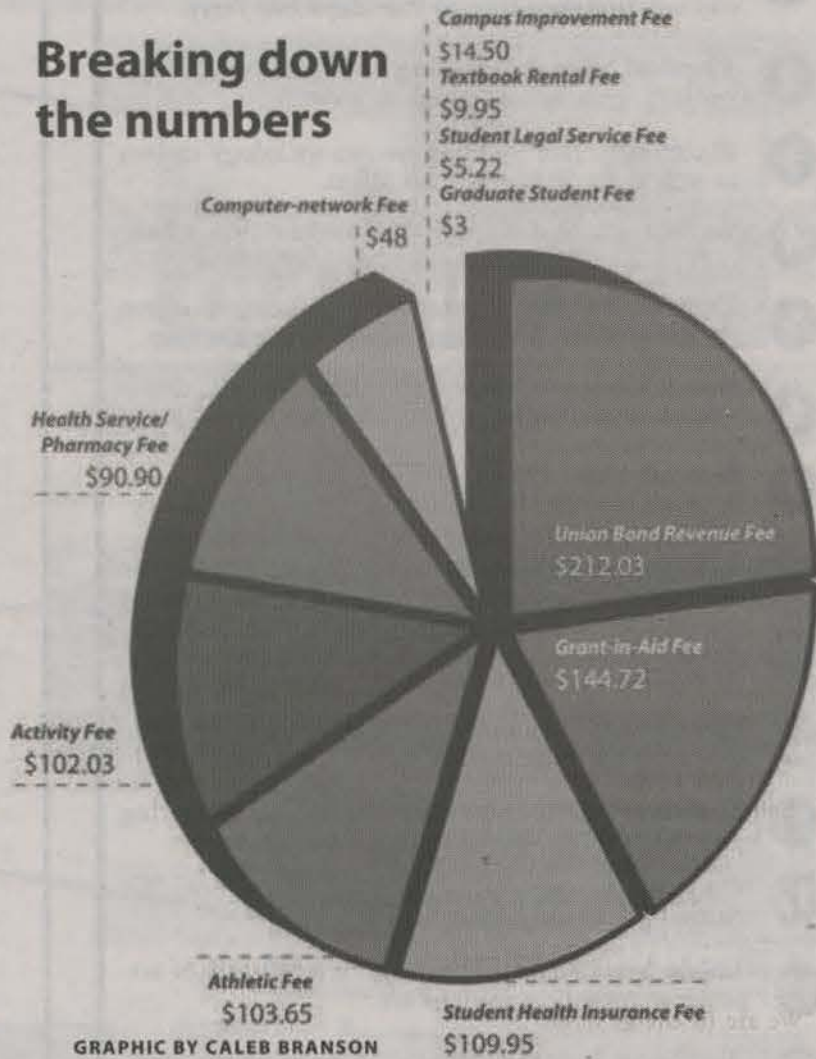
The requests might not be as feasible as groups think, Hoogstraten said.

She also said despite concerns of the student fees rising, that students will continue paying the same fees they originally started paying during their first year of enrollment, for their entire time spent at Eastern.

Booklets of the complete breakdown of student fees are available in the Student Activity Center on the second floor of the Union or on Eastern's website.

Stephanie Brombosz and Cameron Dow can be reached at 581-2812 or dennewsdesk@gmail.com.

Breaking down the numbers



NUMBERS Campus		5.9	Percent of tuition increase for new incoming students for the 2011-12 school year	0	Ghosts on campus	Approximate cost per missed class	
1	"S" in Douglas Hall	210,000	\$275,834	19	Fraternities & sororities on campus	\$25	
125	Pepsi vending machines at Eastern	Books in Textbook Rental (estimate)		20	Seats on the Panther Shuttle Bus		
\$47.4		Amount in millions the university is appropriated from the state for FY2011	0	Actual Panthers at Eastern	15:1	Student to teacher ratio	Prefix for Eastern's phone network
							581



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PERSON OF THE YEAR

Facilities staff holds campus together

By Kayleigh Zyskowski
News Editor

From the sewers to the lights, from the oldest buildings to the newest in renewable energy, Facilities Planning and Management has a key role in every member of Eastern's lives.

Gary Reed, the director of the department, said the job description of his team is best summed up from the time students get up to the time they go to bed, and everything in between his crew has something to do with their lives.

"So we get a hold and get a piece of most every operating issues and maintenance on campus," Reed said. "We are the facilities management team and every other aspect of the trades to keep the roofs from leaking, the bricks from falling out of the buildings and the grass mowed."

The responsibilities of this department also include the sewers, the electricity, the cooling and heating, maintenance of the kitchen equipment in the dining centers just to name a few tasks.

Beyond the routine maintenance of campus, this year Facilities Planning and Management was faced with two power outages and cleaning up after the ice storms in January.

"We are in charge of the things that are just assumed as entitlements such as flipping your electrical switch, and having your lights come on but when there is forced electrical outages—that just ruins our day," Reed said.

He said when things on campus do not run smoothly the office receives a call.

"A good day is when we come in here and the phone doesn't ring, that's a good day, but there isn't many days when the phone isn't ringing and we aren't asked to go out and respond to something," Reed said. "If you go into a classroom or into a (residence) hall and you're very hot in the summer we get the call, if you are cold in the winter, we get the call. What if your shower was cold, what if the water is not flowing— we're going to get a call."

Facilities Planning and Management is also responsible for managing all of the contracts that come through for design and construction on campus.

"If you take a look at it, running a residential campus like Eastern is like running a little city," Reed said. "The task and the responsibility to make sure those services are reliable, that's our task."

The faces in trenches

"It's not just me telling the story," Reed said. "I'm the director, but I have all these folks that are down here and taking care of the individual pieces of the puzzle for us."

During the school year 135 individuals are on staff within Facilities Planning and Management; however, in the summer this number can balloon up to 180 employees.

"We pack a lot of work into the small window of summer and hire seasonal craft trades," Reed said.

Overall, the department is divided into four subdivisions with 10 trade shops.

Steve Shrake, the associate director of design and construction, David Crockett, the associate director of maintenance and operations, John Sigler, the associate director of support services, and Chris Childress, the associate director of accounting and finance, are the task masters of the subdivisions, Reed said.

"I think our folks are at the top of their game, and I can't say enough about how our people care about this campus," Reed said. "It's not just a job, even down to our tradesmen who go out and carry the tools and crawl in the trenches and do repairs and swing the hammers, if they fail to do something or something doesn't work out right they take it personally. They hate to let people down."

Reed said the employee moral of his team is excellent.

"That's the kind of workers you need, because they know ultimately that if they don't do their jobs you guys aren't going to be served," Reed said. "It's all one team, it goes from



KIMBERLY FOSTER | THE DAILY EASTERN NEWS

Members of Facilities Planning and Management, led by director Gary Reed (top, second from left), received the 2010-2011 *The Daily Eastern News* Person of the Year award for their work in taking care of campus through issues such as the flooding of Coleman Hall, campus-wide power outages and the ice storms that shut down campus.

the top down."

Working with less

This school year a pipe leak in Coleman Hall caused a power outage throughout the South Quad on Nov. 7, 2010. While Reed's staff worked on the leak, the electricity to three academic buildings and four residence halls were left without power. Evening classes in those buildings were canceled.

"Sometimes we miss and we have forced outages that you guys see, and when they have to cancel classes we have lost a battle, and we feel bad about it," Reed said. "But because of the complexity and some of the age and deferred maintenance and the more poor conditions of some of the systems here those things from time to time can be expected."

The pipe leak in Coleman Hall was caused by deferred maintenance because of a lack of funds from the state.

"There are additional challenges with the state of Illinois' economy," Reed said. "So there has not been a lot of capital project monies flowing

to Eastern."

Reed said there has been a slow down, and it is difficult to get in to any priority consideration for capital projects.

"We are working hard at improving those mission-critical systems when we get the funding and the opportunities," Reed said.

The team has a priority list, and Reed said the list has not changed since 2004.

"We are still requesting projects that have been on the books and in the think process since 2004 when they froze capital projects money at that time," Reed said. "We've had very little release of projects money since then, nothing significant."

Going Green and looking to the future

Despite monetary set backs from the state, the administration and Reed's team has come across ways to help Eastern go green.

"We have done significantly more

with our renewable energy project," Reed said. "That is the crown jewel project in my book. Since I have been here, I believe that is the biggest project Eastern has ever done."

With the new energy plant Eastern is considered a leader in the region with energy conservation initiatives, Reed said.

"I think that is one the facilities department can really be proud of—our improvement in energy efficiency and environmental improvements," Reed said. "It's cutting edge and green and sustainable. It gets us off coal and on to a carbon neutral fuel in the long term."

There are a number of advantages with that decision.

"It was needful, but we successfully found a method to get this thing done, and it's turning out to be exactly what we bargained for," Reed said.

Kayleigh Zyskowski can be reached at 581-2812 or kzyskowski@eiu.edu.

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TEXTBOOK RENTAL

Textbook rental 101: What you need to know to get in and out of textbook rental

By Samantha McDaniel
Staff Reporter

At the beginning of the year, students flood into the Textbook Rental Center to collect their pile of books that could weigh as much as the TV they brought from home. However, thanks to the Textbook Rental Center, the process of picking up books is not the dreaded experience it used to be.

Carol Miller, the deputy director of the Textbook Rental Center, said the staff encourages students to view the Website to see the business hours and get their books the earliest they can.

"Usually the earlier you come in the better," Miller said. "Either earlier in the week or day."

The center provides a video of the check out procedure on its website, Miller said. The video gives students instructions on how to prepare for their visit to the center and what to do while there.

"If you view the video, you get an idea of the layout of the building, what you need to have when you come in, and what your responsibilities are as far as picking up your books," Miller said.

To prepare for their visit, students should print out their textbook lists before they visit the center, Miller said.

Miller also encourages students to bring their Panther ID cards.

"It's faster with the Panther ID, you know swiping versus entering the numbers, so that is helpful," Miller said.



Students, assisted by workers at the new Textbook Rental Facility, check out books they will be using this semester.

Students should also bring something to transfer their books, Miller said. Book bags must be left in an area up front and are not allowed in the textbook storage area. During pick up time, the parking lot is very congested and there is a lot of traffic. Students can catch the Panther Shuttle to the Greek Court stop, or they can car-pool to avoid the traffic.

Students can also use golf carts, Miller said.

"In the fall, we usually have golf carts that volunteers drive around campus and see if people need a ride somewhere," Miller said.

Claire Entwistle, a sophomore early childhood education major, said she thinks the golf carts are very helpful, because it makes it easier for people who have a long walk with a lot of books.

The books are stored in numerical order, the same way they are on the textbook list, Miller said. There are staff members scattered throughout the storage area who can help students find their books. Then the books are

placed on a scanner to be checked out.

The process of picking up textbooks is faster than it was at the old textbook rental, Miller said. The process usually take 15 minutes or less. At the old rental building, there were records of up to a two-hour wait, Miller said. The new technology and system makes the new textbook rentals very convenient, she added.

Samantha McDaniel can be reached at 581-2812 or slmcdaniel@eiu.edu.

Do's and don'ts of textbook rental

- Don't print your list days before you come to textbook rentals, your list could change
- Don't bring food or drinks in the building
- Don't jump ahead and then have to back track for your books, remember books are in numerical order
- Don't forget your personal items
- Don't get in a hurry and slam books on the scanners
- Don't ignore your Eastern Panthermail account. This is Textbook Rental's primary source of communication.
- View the Checkout video clip located on the Textbook Rental webpage
- Preprint your textbook list from Paws
- Come early
- Ask questions
- Bring your Panther ID
- Bring something to carry your books in
- Use a form of alternate transportation
- Wait for your textbooks to process.

ENTERTAINMENT

Your guide to 7th Street underground

The 7th Street Underground houses many different programs for all students.

The 7th Street Underground is located in the basement of the east side of the Martin Luther King Jr. Student Union. The Cyber Lounge is located next to 7th Street, and the university encourages students to use the space to study, watch TV and work on the computers.

The Cyber Lounge and the 7th Street Underground are open until 11 p.m. Sunday to Thursday. They are open until 1 a.m. Friday and Saturday. Organizations, students and professors are allowed to set up events in the location.

The University Board is one of the main users of the 7th Street Underground, setting up many programs in the venue.

Alyssa Anderson, the vice chair of the UB, said they have used the venue for a variety of programs including open-mic nights, concerts, lectures and comedy shows.

Organizations such as EIU Pride and Lunch Box Voodoo have used the 7th Street Underground for their events and performances. Anderson also mentioned that practically anything small can be organized for the venue; it is a very adaptable space.

WELCOME TO CAMPUS

Prowl welcomes new students to campus

By Sara Hall
Staff Reporter

When new students arrive at Eastern's campus, they may be overwhelmed with their new environment and the college experience in general.

To ease students' anxieties, Eastern offers the "Prowl" welcoming program, a weekend-long event to help integrate new students into college life.

Matthew Nance, a graduate assistant program coordinator, said Prowl helps students adjust in a multitude of ways.

"It helps students understand the traditions and culture, and it also provides social connections for students," he said. "It's kind of a two-fold approach."

Nance said Prowl helps keep students busy, which helps them to forget about their new, unfamiliar environment.

"Prowl gives students the chance to get plugged in immediately, he said. "It provides students with less time to realize you're not at home anymore."

Prowl is led by 60 Prowl leaders and nine senior Prowl leaders.

Sarah Lueken, a freshman art education major and first time Prowl leader, said the events for this year's Prowl are similar to last year.

Prowl leaders will begin helping students move into their residence

"Prowl gives students the chance to get plugged in immediately"

Matthew Nance, a graduate assistant program coordinator

halls.

Prowl starts on Aug. 18 before classes start with convocation, a welcoming speech in which President Perry speaks.

"It's a kickoff to the academic school year," Nance said.

Students will then be split off to go to their EIU Reads group to discuss this year's selection, "Half the Sky," a book that pertains to women's rights and women in leadership roles.

Transfer students go to the Transfer Connections meeting, which discusses topics such as budgeting and commuting, Nance said.

Next, students will go to a meeting for their college.

Lueken said the college meetings help introduce students to their college and what is expected of them.

Eastern then offers a picnic on the South Quad for students to enjoy.

They can also participate in the Eastern tradition of the new student photo.

On Aug. 20, students will participate in "Jump Start to G.I.V.E.," an event in which students are split up into groups

for different volunteer projects.

Kaci Abolt, a sophomore communication studies major and Prowl program specialist, said students can choose from over 30 service projects.

She said some of the same volunteer options from the past will be done again, as well as new projects.

"We'll be pairing up with some of the organizations we found in our community," she said.

Lueken said the service activities planned help a variety of people.

"(The activities) either pertain to something to help out around Eastern, the community or globally," she said.

Students can attend "Quakin' in the Quad" on Aug. 20, an outdoor event with inflatables, food and a T-shirt giveaway.

Sunday morning and afternoon, students can take advantage of the "Find your Classes" tour given by Prowl leaders, which Nance said helps students become more acclimated with the academic buildings.

On Sunday night, students can attend "First Night", an event put on by

University Board and Student Government. At this event, the Greek community and the registered student organizations introduce themselves.

Prowl events will continue for the first six weeks to help students further adjust, Nance explained.

"We have Prowl success workshops in which we partner with different offices here on campus," he said. "We go into residence halls and put on presentations to tell freshman how to get involved."

Abolt said she hopes students will be more at ease with college life after completing their Prowl activities.

"(Prowl) gives students the opportunity as soon as they come to the university to meet people and become more comfortable here," she said.

Lueken said her experience with Prowl last year helped ease the stress of adjusting to college life and expects the same for this year's students.

"It introduced me to a lot of things at Eastern and gave me a heads up of what to expect," she said.

Lueken said although Prowl can be hectic, it's overall a helpful program.

"It's going to be a busy weekend, but hopefully it will help students interact with each other and meeting a lot of new people."

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HOW TO: HOUSING & DINING

B

HOW TO:
HOUSING
& DINING

One of the biggest parts of moving to the campus is where you will live and what you will eat. This includes dealing with your roommates, finding what dining hall has your favorite foods (try the rolls at Taylor Dining Center) until Eastern feels like home.



2B "Getting to know your neighbors"



4B "Going Greek worth every penny"



6B "Training for more than military"

GOOD EATS

Food for all:
dining options
through campus

By Robyn Dexter
Staff Reporter

A college student would be nothing without food. That is why at Eastern, many different dining options are available.

Jody Horn, director of Panther Dining, said they try to serve a variety of options in the dining centers.

"(The dining centers) are somewhat small, and we have four that are relatively close together so we try to do different things in each," Horn said.

Along with the four residential dining centers, there are two marketplace convenience centers, one located in the Martin Luther King Jr. University Union and the other in Thomas Hall.

There is also the University Food Court and the Java Beanery and Bakery located in the union.

In the University Food Court, there is a Subway, Chick-Fil-A, Panther Grille, Connie's Pizza and the Charleston Market.

The residential hall dining centers are located in Carman Hall, Thomas Hall, Taylor Hall and Stevenson Hall. Each of these halls has a certain theme that it serves.

The Carman Hall dining center features Asian food known as "Jump Asian Cuisine," which is made to order stir-fry. Carman also has an ice cream bar and cereal bar, as well as make-your-own waffles.

"We also offer daily rotating menus at Carman and we have a large salad bar," Horn said.

The Thomas Hall dining center serves made-to-order pizzas and

pasta bakes on one side of the hall, and made-to-order sandwiches with a grill on the other side. It also features a hot bar with hot dogs, hamburgers and chicken breasts along with a salad bar.

Taylor Hall is known for its daily chicken specials including chicken strips and nuggets. Along with the chicken, some kind of potato and pasta are usually served.

The newly remodeled Stevenson Tower dining center consists of both a deli and a grill area, featuring various salads and sides. It also has an omelet station along with other breakfast foods.

Lauren Logsdon, a freshman undecided major, said her favorite place to eat is Stevenson because of its delicious food and Wi-Fi capability.

"My favorite thing to get there is a ham and salami sandwich," said Logsdon.

Stevenson also has "Reservation Only" dining for dinner on Thursday through Sunday where students can make reservations online.

"It is a table service with a selective menu," Horn said. "We offer steak, shrimp or restaurant-type items for this venue."

Dining options on-campus are not just limited to the dining halls or food court. Several places off-campus deliver straight to the residence halls.

These delivery options include Jimmy Johns, Chubby's Pizza, Pizza Hut, Domino's Pizza, Monical's Pizza, Papa John's Pizza and China Café.

Robyn Dexter can be reached at 581-2812 or redexter@eu.edu.

NUMBERS
HOUSING
& DINING

14.2 %
Percent of students that have the 10-meal plan

78 Resident assistants on campus

25 %
Percent of students with the seven-meal plan

94 Channels available in the residence halls

21.6 %
Percent of students who have the 15 meal plan

39.2 %
Percent of students that have the 12-meal plan

12 Residence halls

2 Apartment complexes on campus

4 Dining centers on campus

350 Acres of campus property

5,400 Maximum capacity for all residence halls and apartments on campus

3,206 People living in residences halls and greek court

HEALTH SERVICE

Health service here to help

By Mel Boydston
Staff Reporter

There are very few things one can almost always expect to happen on a large university campus and unfortunately this may involve catching the campus bug once in a while. The Health Service on campus provides Eastern students with assistance for all their health concerns. It is located in the Human Services Building.

Taking charge of one's health is important and the Health Service can help students do just that to help students to become "better consumers of health care," said Lynette Drake, the director of the Health Service.

Some of the educational programs offered by the center, through the Health Education Resource Center, cover topics such as alcohol, drugs, sexual health, nutritional health, sleep, cold and flu prevention and tobacco use.

The Health Service facilitates about

23,000 to 24,000 medical visits a year, Drake said. The Health Service has a staff of six full-time medical providers. All of whom are board-certified physicians, as well as a full staff of registered nurses.

The Health Service provides both medical and health-oriented educational services for Eastern students. Drake said she hopes students will take advantage of the many services offered to them by the Health Service.

"If you don't know what to do, just call us," Drake said. After a call is made to Health Services, the patient and staff can make a decision about how to proceed.

Students can call Health Service with any concerns and be assured of complete confidentiality, just as they would with their family doctors. There is also no charge to visit the office, and insurance is not an issue when students use clinic services. The financial charges of office visits are paid for through student tuition and fees.

Additional services carry outside fees. For example, an X-ray costs \$20, and a lab-handling fee is \$15. Individual fees for different appointments depend on patient situation.

Any prescriptions written to students from the Health Service center can be filled almost immediately at the Eastern pharmacy right down the hallway from the clinic for \$10, \$20 or \$40.

The student can also bill any of their charges from the Health Service center to their student account.

One health issue that applies to all Eastern students who are enrolled in six or more hours of campus classes is that they must submit proof of immunization to Health Service by Aug. 1 for diphtheria/tetanus, measles, mumps and rubella.

Appointments at the Health Service can be made online or by telephone at 217-581-3013.

Mel Boydston can be reached at 581-7942 or mmboydston@eu.edu.

MOVING IN

Getting to know your neighbors

By Amy Wywialowski
Staff Reporter

Moving to a new place and making new friends can be hard on students—whether it is their first time or their last semesters on campus. One of the easiest ways a student can make their new place of residence home is by getting to know their neighbors.

"Neighbors can lead to friendships and help the students get involved around campus," said Amanda Wood, an English major with teacher certification and Resident Assistant (RA) in Pemberton Hall.

Wood said one of the biggest aspects of her job is to help her residents get to know each other. She has worked hard to think of fun and creative icebreakers to help her residents in this process. One of the easier ways to do that is to encourage her residents to leave their doors open while they are in the room, she said.

"It's really easy to enact an open door policy in Pemberton (Hall) because of the lack of air conditioning. The girls are more likely to do it because it is so warm in their rooms," Wood said.

Carissa Dauphin is a freshman speech communications disorders major. She is also the current president of Pemberton Hall council and one of Wood's residents.

"At (Wood's) first floor meeting we had to put one of our shoes in the circle then we had to grab a random shoe and find out who it belonged to, what their name was, where they were from and a quirky fact about them," Dauphin said.

Dauphin said not only was it important for her to get to know her floor and building mates, but her roommate as well. Dauphin said she and her roommate were randomly assigned by housing.

"We are from the same area so we met twice before moving in, but now we are extremely close," Dauphin said. "I think meeting before

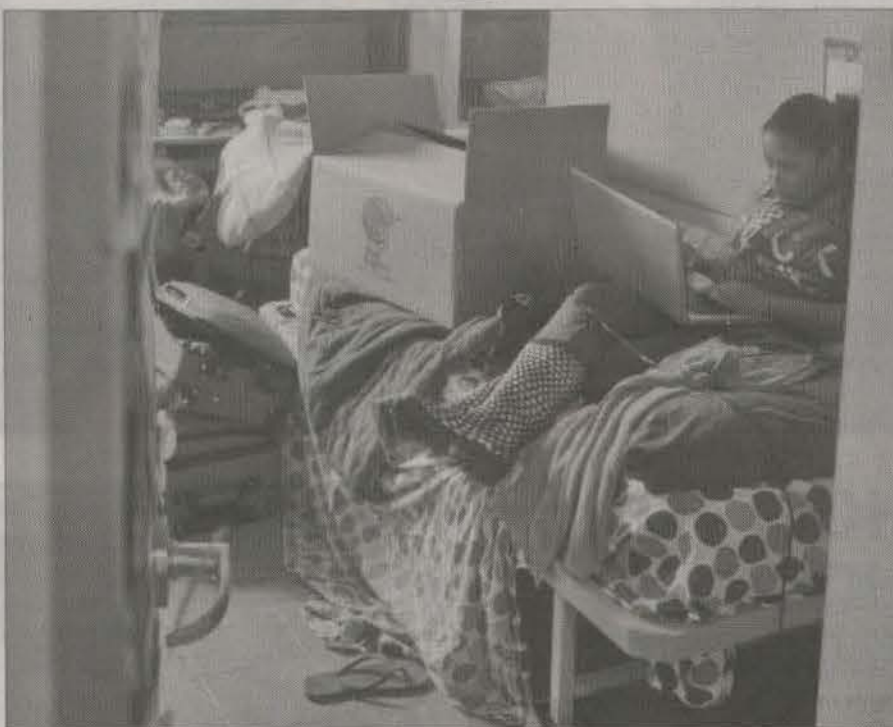
helped. We kind of had an idea what to expect."

Marielle Sarkan is a freshman business major who resides in Pemberton Hall. Sarkan serves as the vice president of Pemberton Hall council. Sarkan said she met people through icebreakers, but also through random encounters throughout the building.

"I met people in a lot of weird ways—Facebook, Pemberton Parliament or even just in the laundry room," Sarkan said. "I just started talking to people and putting myself out there."

Ultimately the sentiment is a simple one—when students arrive on campus and move into their new homes, they should take notice of their neighbors. They may never know who could become a friend or affect them in a big way.

Amy Wywialowski can be reached at 581-2812 or alwywialowski@eiu.edu.



SETH SCHROEDER | THE DAILY EASTERN NEWS

Fashanet Smith, a sophomore early childhood education major, leaves her door open while studying on May 2 in Pemberton Hall.

Top 10 things to do in your residence halls

- Go to hall council
- Do the Charleston chew, which is when students eat lunch with the professors and other people in their hall
- Play ping pong or pool
- Sleep
- Host movie nights
- Participate in Residents On Campus (ROC) Fest events hosted by the Residence Hall Association
- Start an intramural team
- Play marshmallow assassins (or spoon assassins, really, any kind of assassins)
- Leave your door open and invite neighbors over
- Go to dinner with your floor mates

CAMPUS

Panthercard proves important to campus

By Rachel Rodgers
Campus Editor

One aspect that all Eastern students share is that they own a Panthercard, which is the key to unlock many opportunities on campus like eating and doing laundry.

Susan Woodyard, the chief clerk of the Panthercard Office, said understanding what can be accessed with the Panthercard is essential for incoming students.

"Students should treat their Panthercards like it is gold because it is basically their life on campus," Woodyard said. "If you don't have it, you will go hungry and you won't be able to do laundry."

Woodyard said when students first arrive on campus, students do not realize the full potential of a Panthercard.

"On your Panthercard, you have your meal plan on it, your dining dollars, you

can set it up as a debit card, you have your chip money on it for laundry, your library number, E-number and your picture," Woodyard said.

Along with the laundry services on campus, chip money can be used for copy machines, vending machines and computer labs.

Chip money is also accepted in various places in the Martin Luther King Jr. University Union such as the Union Bookstore, Java B&B, Panther Pantry, the University Food Court and the Union Bowling Alley.

"Your Panthercard is your life, so if you do not have it then there is not much you can do," Woodyard said. "Students should get a little sleeve to put it in that has your keys on it so they can always carry it with them."

Woodyard said students should not poke holes in the card or put it on a tray when they get food because they might

"Your Panthercard is your life, so if you do not have it then there is not much you can do."

Susan Woodyard, the chief clerk of the Panthercard Office

accidentally throw it away.

"Students have faced problems with the card like losing it, the chip not working or finding that it is demagnetized," Woodyard said. "Also, it will not work properly if it gets wet or if the card is dented."

Students can replace their Panthercards at the Panthercard Office located in the Student Services Building.

"If there is damage that shows that it was not caused by the student then we do not charge for it," Woodyard said. "However, if it is something they did to

the card like obvious teeth marks or if they used it as an ice scraper or to pry into a door, then you can tell when it has been misused and they are charged to replace the card."

Students are charged \$10 to replace their cards if they are responsible for the damage and if they return their damaged cards. If students lose their Panthercards and need to replace them, they are charged \$20.

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Glossary: Housing and Dining

ARD (n.) – An Associate Resident Director is the director of a residence hall.

DA (n.) – Each residence hall has a desk assistant who works the front desk, answering questions and helping with lock outs.

Dweller (n.) – A resident of Weller Hall, i.e. a Weller Dweller.

NA (n.) – A night assistant watches over the lobby of each of the residence halls until 4 a.m. after the front desk closes at midnight.

Pemberton ghost (n.) – The campus legend about a ghost that resides in Pemberton Hall, a.k.a. Mary

RHA (n.) – The Residence Hall Association is a collective organization of all of the hall councils on

campus that puts on programs and reports on hall events.

Late night (n.) – The Thomas Dining Center offers pizza Sunday to Thursday from 8 p.m. to 1 a.m.

Lock-outs (n.) – When a student is locked out of his or her residence hall and must check out a key from the front desk. The resident then hopes he or she finds the lost keys or must pay to replace them.

LSD (n.) – The nickname for the combined residence halls Lincoln, Stevenson and Douglas Halls.

Stevo (n.) – The short name for Stevenson Hall.

Taylor chicken (n.) – Taylor Dining Center serves chicken strips every day. Examples of Taylor chicken are: Zesty strips, season

strips, hot and spicy strips, strips of fire, southern-style strips, pepper strips.

RA (n.) – A resident assistant helps students in the residence halls, and lives on the floors with the other residents.

Triad (n.) – The collection of the three halls Ford, Weller and McKinney Halls, which are west of Booth Library.

ESSENTIALS

A crash course in grocery shopping

By Kaylia Eskew
Staff Reporter

Buying groceries for the new school year can be a daunting task. Knowing where to go, what to splurge on and what to just forget can be a test for a college student who will be buying groceries for the first time.

"I always go to Wal-Mart. They have an amazing food section," said Antonio Woods, a freshman special education major. "And there I can just

get the other stuff I need at the same time."

Some students prefer Wal-Mart for its convenience and wide variety of both food and non-food products. Other students prefer to check out the grocery stores to cash in on cheaper food.

"Usually I go to a County Market, they have pretty cheap stuff," said Josh Smith, a sophomore biological science major. "And I can take the Panther Bus there, so it's easy."

While some students look for ways to cut back and buy the cheapest food, other students are willing to spend a little more money for their favorite snacks.

Monica Martin, a junior early childhood education major, said she prefers name brand snacks over store brands.

"I know it costs more, but I love the Special K bars and the generic ones just aren't the same," Martin said. "They are easy to eat while I walk to

class."

At the same time, there are some items that some students should not bother wasting their money on.

"I really don't see the point in buying water," said Renee Jungman, a freshman early childhood education major. "It's cheaper to just buy a pitcher or a water bottle and fill it up."

Eric Spencer, a junior accounting major, said he stopped buying some items that weren't worth his money.

"I stopped buying bread and fresh

fruits because they always went bad before I could eat them," Spencer said.

But he is willing to spend his money for on-the-go snacks.

"I always buy protein bars, I eat them as I head over to the gym or go to class," Spencer said. "It's really about convenience for me. I buy stuff that doesn't take a long time to cook or is just ready to go."

Kaylia Eskew can be reached at 581-2812 or kbeskew@ehu.edu.

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GREEK LIFE

Going Greek worth every penny

By Seth Schroeder
Activities Editor

For many Eastern students the Greek system offers a social outlet at college, but there is a process involved before a student goes Greek.

Zachary White, a sophomore journalism and political science major and member of Sigma Alpha Epsilon, said he did not originally plan on rushing until he was invited by some friends from his hometown.

"I figured if I disliked it I could always drop," White said. "But it was fun; I liked it."

White said the process for joining a fraternity can be very informal. He said the various fraternities will have recruitment events and anyone interested can meet the members of the fraternity.

If things go well, White said the fraternity will give students they get along with an informal bid.

After recruitment, students have to rush for their fraternity or sorority. White said this process usually takes eight weeks.

He said a lot of it is different bonding activities, but those rushing also have to learn a lot like their fraternity or sorority's national and local founder.

Tim Renner, a freshman undecided major and member of Sigma Pi, said rushing helped him develop time management skills.

"The process could be overwhelming," Renner said. "But it helped in the long run."

"It's about brotherhood, it's nice to know if something happens there are people who've got your back."

Zachary White, a sophomore journalism and political science major

Renner said while he has to pay membership dues each semester, there are also ways for him to save money, such as living in his fraternity's house rather than on campus.

"Everyone kind of over-exaggerates (the cost)," Renner said. "It's not that bad."

White agreed with Renner and said his dues of \$375 a semester are less than 10 percent of his total cost of college. He said most organizations require dues or some kind of investment.

"You can put a price on it," White said. "You can make that argument, but it's small in comparison to what you get out of it."

White also said while he has



DANNY DAMIANI | THE DAILY EASTERN NEWS

Jordan Cox (center), a senior communication major, celebrates with other members of Kappa Delta as their tugs team pulls Alpha Gamma Delta into Campus Pond April 6, during the second day of Tugs competitions.

heard of hazing going on for the Greek system, but he has never experienced it.

"If hazing happened, I wouldn't be in the Greek system," White said. "It's so anti-everything you're trying to promote. The university standpoint on it is just perfect. It's

a crime. People die from it; it's not funny."

Both White and Renner said rather than the stereotypical drinking and partying, their fraternities have strong focuses on other things such as community service, student involvement, athletics and academ-

ics.

"It's about brotherhood," White said. "It's nice to know if something happens there are people who've got your back."

Seth Schroeder can be reached at 581-2812 or scschroeder2@eiu.edu

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ROTC

Training for more than military

By Seth Schroeder
Activities Editor

Most students at Eastern study to prepare for their careers, but members of Eastern's Reserve Officer Training Corps train for something more.

Lt. Col. Stephen Knotts, a professor of military science, said the mission of the ROTC is to make second lieutenant for the United States Army.

Knotts said those in ROTC learn from a leadership development program that includes 17 characteristics including physical fitness, military bearing, empathy and getting results. He said it is a holistic approach to leadership.

"These skills are really life skills you can utilize immediately," Knotts said. "They are critical to the army."

The ROTC program is four years in its entirety, but it is broken into two sections. The first two years is the basic program and the last two years is the advanced program. Freshmen who join the ROTC can take military science classes and go through the two years of the basic program with no obligation, Knotts said.

Students going through the advance program will receive a military obligation as an officer in the Army

Reserve, the National Guard or the Active Army. The length of obligation depends on the assignment given.

Knotts said the organizers of the program understand if students want to try the program, but end up leaving.

"College is time for experimentation," Knotts said.

Those going through the basic program can compete for the ROTC specific state and federal scholarships. Students in the advanced program receive \$450 to \$500 tax-free each school month and can compete for additional scholarships.

Even students not involved in the ROTC will still see them practicing in the intramural fields and the field by the Campus Pond. Knotts said the ROTC classes are split between time in the classroom and the time doing field labs. Knotts said the field labs are called situational training exercises or STXs and include activities such as team-by-team capture the flag, paintball, repelling, flying in helicopters, water survival and other high adventure activities.

He said the ROTC is also at home football games and fire a cannon every time Eastern scores a touchdown.

Knotts said the ROTC also teaches



FILE PHOTO | THE DAILY EASTERN NEWS
Cadet Lucas Voudrie, a freshman history major with teacher certification, prepares for part of the Combat Water Survival Test at the Charleston Rotary Pool on Aug. 31, 2010.

time management, stress management and teamwork. He said these skills can be used anywhere in life so students will benefit outside of the military and in their other classes.

"EIU is big on integrative learning," Knotts said. "This is a great place to start."

Seth Schroeder can be reached at 581-2812 or scschroeder2@eiu.edu.

PARKING TICKET PROBLEM

Steering clear of parking tickets

About 13,000 to 14,000 tickets issued annually

By Sarah Garippo
Staff Reporter

On campus, the parking lots are classified as either underclassmen parking or upperclassmen parking.

Moe Samad, one of the residence directors of Carman Hall, said the main parking lot for underclassmen is in front of Carman Hall and in the Greek Court area.

The University Police Department is in charge of dispersing parking tickets.

Samad said the most common tickets he has seen while he has been a residence director at Carman Hall is for students who park outside of the lines and do not have their parking stickers in the right location.

According to the University

Police Department, the price for an underclassmen parking sticker is \$180 a year.

An underclassman would be considered a student under the age of 21 who has less than 60 credit hours.

The upperclassman parking sticker costs \$80 a year. The cost is cut in half for students purchasing a parking sticker for a semester.

On average, the parking violation stickers cost \$20. If they are not paid within eight days, the ticket price will double to \$40.

Tickets are normally paid at University Police station, but now they can be paid through a student's PAWS account.

The University Police are on patrol from 7 a.m. to 5 p.m. After 5 p.m. all of the parking lots are open to any students to park in.

Visitors, can park at meter parking spots and the meters are watched all day.

"The parking lots can get crowded

and people always think they can get away with parking poorly, but the police will always catch it so don't think you can get away with it," said Lindsay Machut, a freshman kinesiology major with teacher certification.

Lt. John Hatfill of the UPD said tickets vary depending on the day of the week, time of year and the lot.

"In winter when it's cold and people don't want to walk because of weather then they'll take a chance and drive to class so those months the ticket totals tend to peak," Hatfill said.

He said they give out around 13,000 to 14,000 tickets per year and there is a total of about 5,000 parking spaces available on campus.

Some of the underclassman parking lots include the W-Lot, the O'Brien Stadium parking lot, the S-Lot and the Ninth Street parking lot.

Sarah Garippo can be reached at 581-2812 or sgarippo@eiu.edu.



AUDREY SAWYER | THE DAILY EASTERN NEWS
The W-lot is the most highly used and is one of the most ticketed lot on campus. The W-lot is an underclassman parking lot.

Textbook Rental Service

Facility located east of Carman Hall and South of Greek Court at 975 Edgar Drive. We are now within walking distance of on-campus housing including Greek Court, Carman Hall, Thomas Hall, Andrews Hall, Taylor Hall, and Lawson Hall.

Fall 2011 Textbook Distribution Extended Hours		
Monday	August 15 th	8:00 a.m. - 4:30 p.m.
Tuesday	August 16 th	8:00 a.m. - 4:30 p.m.
Wednesday	August 17 th	8:00 a.m. - 4:30 p.m.
Thursday	August 18 th	8:00 a.m. - 8:00 p.m.
Friday	August 19 th	8:00 a.m. - 8:00 p.m.
Saturday	August 20 th	10:00 a.m. - 8:00 p.m.
Sunday	August 21 st	1:00 p.m. - 8:00 p.m.
Monday	August 22 nd	8:00 a.m. - 8:00 p.m.
Tuesday	August 23 rd	8:00 a.m. - 8:00 p.m.
Wednesday	August 24 th	8:00 a.m. - 8:00 p.m.
Thursday	August 25 th	8:00 a.m. - 8:00 p.m.
Friday	August 26 th	8:00 a.m. - 8:00 p.m.

Regular business hours will resume on Monday, August 29, 2011.
Regular business hours are 8:00 a.m. to 4:30 p.m.
Monday through Friday

Helpful Hints

- *Have a Panther ID
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RESIDENT HALL ASSOCIATION

RHA leads to friendship, experience

By Kayleigh Zyskowski
News Editor

The Resident Hall Association has become a home for one of Eastern's students by allowing him to grow.

Andrew Lilek, a sophomore graphic design major, went to his first RHA meeting his first semester on campus, and now is going into his third year he said the RHA has helped him find his friends on campus.

"RHA is around to help bond the different ties in the residence halls," Lilek said. "Each hall has its own hall council, but (the) RHA ties together the individual councils to give reports, and to give everyone a chance to invite people to their programs."

Lilek said three students from his high school came to Eastern after graduation, and he only had a roommate for his first semester, but he was not in the room much.

"I really came here knowing no one," Lilek said. "But my (resident assistant) knew I wanted to become involved on campus so he invited me to come the hall council meeting, and I went to RHA from there."

The hall councils host multiple programs throughout the 2010-2011 school year including a fashion show in Lincoln Hall, a haunted house in Carman Hall and the Sex in the Dark program in Andrews Hall.

The RHA hosts multiple larger events throughout the year as well including ROC Fest, Kids and Friends Weekend and Social Justice and Diversity Week.

"We are starting to plan these events now so we can make them even better and bigger for next year," Lilek said.

Lilek said by joining RHA he has met most of his closest friends.

"I was able to meet new people, and have a great social life because of RHA," Lilek said. "I get to see all of my friends in one big location and work with everyday."

Lilek said his favorite part of the school year is the fall retreat.

"The purpose is to build leadership skills and see what opportunities we have on campus to get involved," Lilek said. "But it is great



MacKinzee Smith, a sophomore psychology major, and Taylor Whittington, a freshman sociology major wear fake moustaches to their Residence Hall Association meeting on Feb. 3 in the Stevenson Hall lobby. Smith and Whittington wore the moustaches as part of International Fake Moustache Day.

to get into the loop and get to know everyone."

Lilek said at the first couple of meetings everyone is shy, and does not know each other after past a certain line, but the retreat breaks the line and helps the members to make friendships.

The RHA has meeting every Thursday at a different residence hall weekly.

"It does take some of your time, but you end up wanting to be at the meetings," Lilek said. "We try to make the meetings fun, but we do have business to get done. We have a group of people who do love (the) RHA, and want to be involved which makes for a great environment."

Kayleigh Zyskowski can be reached at 581-2812 or kzyskowski@eiu.edu.



Kelly Arigi, a junior elementary education major, paddles across Campus Pond Sept. 27, 2010, during the Residence Hall Association's annual boat race.

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From dining to residence halls, what Eastern has to offer

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Dinner Monday to Friday, 5 to 8 p.m.
Late Night Pizza Monday to Thursday, 8 p.m. to 1 a.m.
Late Night Pizza Sunday, 8 p.m. to 1 a.m.
• Known for: Late Night Pizza and Sandwiches

Taylor Dining Center



Hours:
Breakfast Monday to Friday, 7:15-10:15 a.m.
Lunch Monday to Friday, 11 a.m. to 3:15 p.m.
Brunch Saturday and Sunday, 10 a.m. to 4 p.m.
Dinner Monday to Friday, 4:30 to 8 p.m.
Dinner Saturday and Sunday, 4 to 8 p.m.
• Known for: Chicken

Carman Dining Center



Hours:
Cereal/Waffle Bar Monday to Friday, 8 to 10 a.m.
Lunch everyday, 11 a.m. to 2:15 p.m.
Dinner everyday, 4:45 to 8 p.m.
• Known for: Asian food

Stevenson Dining Center



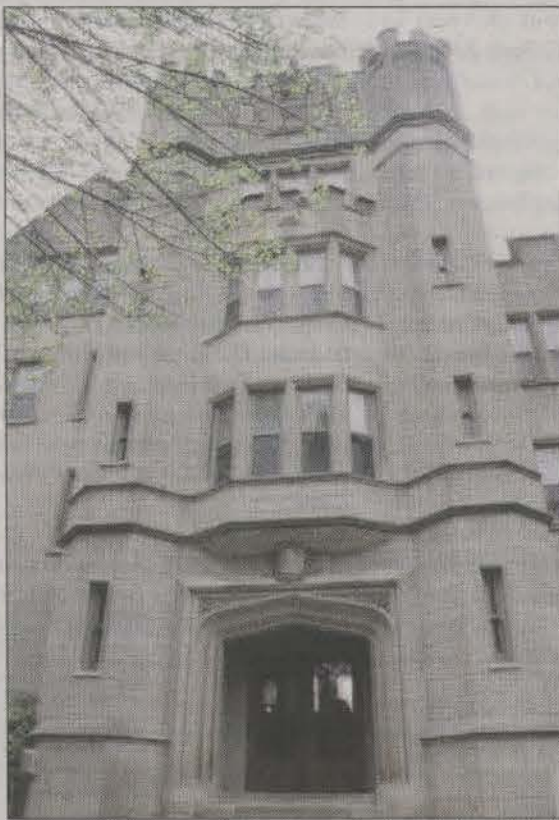
Hours:
Grill:
Brunch Monday to Friday, 7:30 a.m. to 2:15 p.m.
Brunch Saturday to Sunday, 11 a.m. to 2 p.m.
Dinner Monday to Wednesday, 4:30 to 7:30 p.m.
R.O. Thursday to Sunday, 4:30 to 7:30 p.m.
Deli:
Lunch/Dinner Monday to Friday, 10 a.m. to 9 p.m.
Lunch/Dinner everyday, 10 a.m. to 9 p.m.
• Known for: Reservation Only Dining

Union food court



Hours: each choice hours vary
7:30 a.m. to 11 p.m.
• Known for: having the third Subway in Charleston

Pemberton Hall



- No visitation: Sunday through Thursday, midnight to 7 a.m.
- Females only
- Known for: Being the first residence hall in the state of Illinois

The Triad



- 24-hour visitation
- Male and Female
- Closest residence halls to Booth Library

Andrews Hall



No visitation
Sunday through Thursday midnight to 7 a.m.
Females only

Lawson Hall

- 24-hour visitation
- Female only

Thomas Hall

- 24-hour visitation
- Male
- Only all male hall

Taylor Hall

- 24-hour visitation
- Male/female by floor
- The south tower has no elevator

Carman Hall

- Visitation limited by tower
- Male and female by tower
- Newest residence hall on campus

LSD

- 24-hour visitation
- Male and female
- Known for: Being the tallest building in Coles County.

Do's & Don'ts DINING/RESIDENCE

Don't get caught shaking trays and silverware out of the dining centers.

Do go to all of the dining centers for some variety.

Don't leave your answer hole in the hallway.

Do use coupon books.

Do Go to Reservation only during at Stevenson

Don't Don't lose your keys

Do Work with your RA

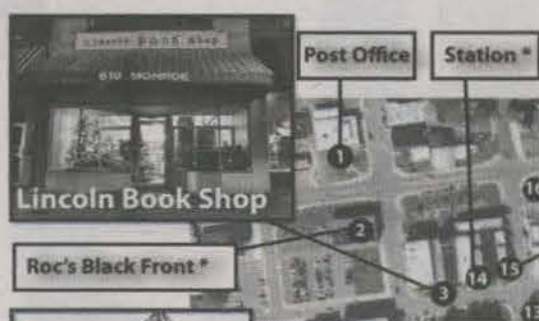
HOW TO: CITY

C



HOW TO: CITY

Eastern resides in Charleston, a city with a history of Abraham Lincoln and his family and also plenty of activities for students. In this section you will find guides to terms about the city (Chuck Vegas anyone?), people to know, a map of the shops located on the square, parks to explore in the city and what lies beyond the city limits.



C4 & 5 "Navigate the Square"



C3 "How to: Dine with the 'rents'"



C8 "City Limits"

ENTERTAINMENT

How to: Party with smarts

By Shelley Holmgren
Administration Editor

For those students who plan on exploring the life of adult beverages during their college careers, they should familiarize themselves with the Charleston drinking ordinances.

First and foremost, if a student is under the age of 21, they are out of luck. Minors can be charged with possession or consumption of alcohol costing, with court fees, more than \$300.

However, for first time offenders, they have the opportunity to go through the Charleston Diversion Program, said city attorney Brian Bower. The Diversion Program will set back a student \$350 and he or she will have to enroll in a half-day course about the effects of alcohol.

Once the program is completed, charges will be dismissed. However, the program cannot be taken more than once.

For those offenders who decide not to go through the program, the consequences could be even more costly. For minors who are found guilty of possession or consumption of alcohol, the city attorney is required to submit their cases to the Secretary of State, who could suspend the students' licenses for up to one year.

Additionally, any minor who is caught in a licensed premise that sells alcohol can also be fined a minimum of \$100. For those students who decide to go the fake ID route to get in to bars, they should know they could be charged with a Class 2 Felony and lose their license.

For those who plan to take their consumption to the great outdoors, think twice. Anyone caught with an open container can be charged, said Dave Chambers, the deputy chief from the Charleston Police Department.

College life would not be complete for some without the essential



JORDAN BONER | THE DAILY EASTERN NEWS
Students and Charleston residents wait in line outside of Panther Paw Bar and Grill Thursday, April 28. The Panther Paw is a popular bar among Eastern students.

"Those orange fences are not a force field. If there is a disturbance, we are going to enter."

Dave Chambers, deputy chief from Charleston Police Department

house party. And with this, comes another set of consequences and ordinances.

Putting up a plastic orange fence

will definitely not keep law enforcement from breaking up your party, Chambers said.

"Those orange fences are not

a force field," Chambers said. "If there is a disturbance, we are going to enter."

And those disturbances can include a disturbing the peace charge, which could cost anywhere from \$1 to \$750, Bower said.

Party hosts may also want to think twice about selling cups for alcohol. Selling alcohol without a license could cost a student more than \$300.

Similarly, if minors are caught drinking at a party, the tenant will ultimately be the one who is held

responsible.

"The fact is, 'I didn't invite them' is not a defense," Bower said.

Hosts could be charged \$200 plus court fees per citation.

Moral of the story?

"Just use common sense," Chambers said. "We don't have unrealistic expectations, but be respectful of your neighbors and the full-time residents."

Shelley Holmgren can be reached at 581-7942 or meholmgren@eiu.edu.

Glossary of Terms: City

Chubby sticks (n.) - Greasy cheese-covered breadsticks from Chubby's Pizza. The perfect late-night snack.

The Chuck, Chucktown, Chuckvegas (n.) - Charleston... no, really.

The JAC (n.) - Nickname for Jackson Avenue Coffee, the antithesis to Starbucks on the square.

Los Pos/El Ranch (n.) - The nicknames for the Mexican restaurants in town, Los Potrillos and El Rancherito

Panther Paw/Styx (n.) - Popular bar/dance club located behind Jimmy John's on Fourth Street. People are aligned with one or the other; never both.

QQ (n.) - A Chinese buffet located next to Wal-Mart.

The Square (n.) - The town square located less than a mile north of campus. Many businesses are located on the square. (See page 4 for more details).

Wal-Mart run (n.) - To make a trip via Panther Bus to Wal-Mart for extra Ramen.

City calendar

Keep up with what is going on around town with this calendar. Be sure to check the city website for more events throughout the year.

August What: Annual Coles County Air Show When: Aug. 27 Where: Coles County Memorial Airport, Route 16 Time: Gates open at 11 a.m.; show starts at 1 p.m. • A show that includes planes and food vendors.	October What: Volunteer Pioneers' Fall Festival When: Oct. 1 to 2 Where: Lincoln Log Cabin State Historic Site, 400 South Lincoln Highway, Lerna Time: 10 a.m. - 4 p.m. • The activities include craftsmen and vendors as well as pie-eating contests.	December What: Christmas in the Heart of Charleston When: Dec. 3 Where: Courthouse Square Time: 5 p.m. to 7 p.m. • Holiday parade, carriage rides, live reindeer, refreshments, live window displays, entertainment, photos with Santa and much more.	June What: Farmer's Market on the Square Downtown When: June 1 to Oct. 12 Time: Every Wednesday, 6 a.m. to 11 a.m. • Home-grown produce, baked goods, hand-made items, plants and flowers.
September What: Charleston Challenge Duathlon When: Sept. 24 Where: Carl Sandburg Elementary School, 1924 Reynolds Drive. Time: 9 a.m. • This event sponsored by the Charleston Parks and Recreation Department features a 19.2 mile bike ride and a 2 mile run over a course.	November What: Gateway Liquors' 9th Annual Wine Tasting When: Nov. 10 Where: Charleston Country Club - 8355 Country Club Road Time: 4:30 p.m. - 7:30 p.m. • Come enjoy more than 200 different wines from around the world and great appetizers while supporting your local "Shop with a Cop" program.	January February What: Charleston Challenge Mid-Winter Classic March What: Square Fest Around the Charleston Square April What: Kick butts Day 5K Run/Walk	July What: Red, White & Blue Day in Morton Park- Fourth of July celebration When: July 4 What: Bagelfest in Mattoon



FOOD OPTIONS

How to: dine with the 'rents

By Courtney Runyon
Staff Reporter

With a handful of local chain restaurants in Charleston, students can dine off-campus when they are tired of eating the usual dining hall food.

When family comes to visit, students can take them to restaurants close to campus such as What's Cookin', Pagliai's Pizza, Lincoln Garden or El Rancherito.

What's Cookin', 409 7th St., opened in 1980 and features a full breakfast menu, dinners, sandwiches and homemade soup. What's Cookin' also bakes fresh muffins, scones, cinnamon rolls and their award winning strawberry bread daily.

Bob Kincade, one of the owners of What's Cookin', said students should bring their families to his restaurant because of good food, good service, good prices and good selection in food.

"We have high quality ingredients and the food is cooked after the order," Kincade said.

Kincade said What's Cookin' is a great place to dine because of the full breakfast menu offered all day, plus the lunch and dinner specials.

Kincade said What's Cookin' has a very skilled staff and good waiters and waitresses.

"Some of the staff has been around for 25 years," Kincade said.

Pagliai's Pizza, located on 1600 Lincoln Ave., is another option for students to take their parents out to eat.

Pagliai's Pizza offers family-style Italian pizza, spaghetti, garlic bread and cheese bread. The restaurant opens at 4 p.m. daily.

Lincoln Garden Family Restaurant, 703 West Lincoln Ave., offers home-style cooking and serves breakfast all day. With a breakfast, lunch and dinner menu, Lincoln Garden Family Restaurant has plenty of options to choose from. It is open seven days a week from 5 a.m. to 10 p.m.

"We come here often," said customer Christina Bates. "The waitresses are very attentive and friendly. Sometimes I go just to get the coffee."



KAROLINA STRACK | THE DAILY EASTERN NEWS

What's Cookin' is a restaurant specializing in breakfast and lunch homestyle food, located near the Charleston square.

Bates said her favorite dish is Lincoln's specialty skillet.

"It's delicious and affordable," Bates said.

El Rancherito, 819 W. Lincoln Ave., offers Mexican-style dishes, sides, appetizers and a full bar.

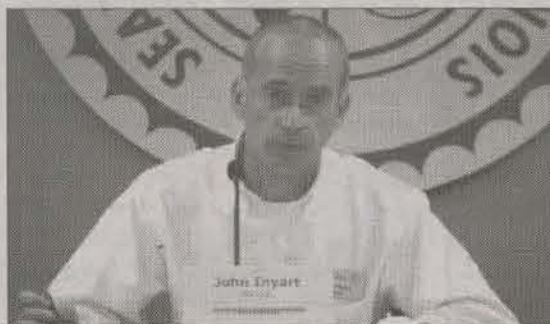
Maggie Childers, a freshman general education major, said El Rancherito is her favorite restaurant.

"I've never had a bad meal (at El Rancherito). I always want my parents to take me there when they come down (to Eastern)," Childers said.

Courtney Runyon can be reached at 581-2812 or crunyon@eu.edu.

PEOPLE

Top five people to get to know



AUDREY SAWYER | THE DAILY EASTERN NEWS
Mayor John Inyart talks during a City Council meeting Oct. 19, 2010 at City Hall.

1. Mayor John Inyart
2. The Charleston Police Department
3. Rep. Chapin Rose
Sen. Dale Righter
4. State's Attorney Steve Ferguson
5. The Charleston Fire Department

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Daily Horoscope



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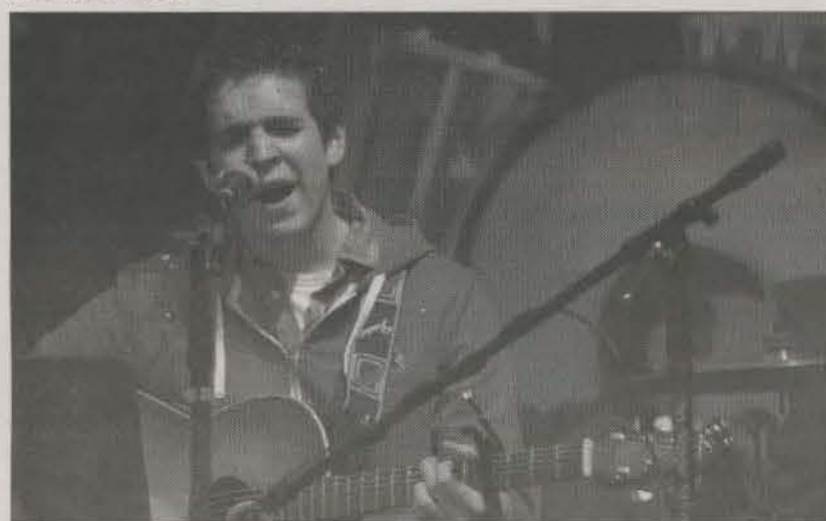
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DOWNTOWN



KIMBERLY FOSTER | THE DAILY EASTERN NEWS

Eric Fitts, a senior jazz studies major, performs March 8 at "Haiti Night at the Jac," a fundraising event put on by the Haiti Connection at Jackson Avenue Coffee. Proceeds from bread bowls sold throughout the night will go to Gadyen Dlo, a pure water program.

City Square Guide Key

- 1 Post Office** - Besides sending mail and packages, you can apply for a passport here.
- 2 Roc's Black Front** - One of several bar and grills located on the Charleston head to Roc's and top of the Roc for a martini.
- 3 Lincoln Book Shop** - If you're looking for rare and out of print books or just a good read check out this shop.
- 4 Coles County Courthouse** - The courthouse is one of the oldest buildings on the square. This is the courthouse for 12 townships and 44 precincts in East Central Illinois.
- 5 Charleston Police Department** - Don't let your first interaction with them be negative.
- 6 South Side Cafe** - Head here for daily breakfast and lunch specials.
- 7 Grand Ball Costumes** - If you're looking for a Halloween costume or something for that costume party, this is the place to go.
- 8 Calliope Court** - Here they handle home design assistance, antique appraisal and consultation.
- 9 China Cafe** - A family-owned Chinese food restaurant that delivers!
- 10 Jackson Avenue Coffee** - Come here for great coffee and musical performance. Hipsters can also be found here.
- 11 Spence's on Jackson** - Definitely go here to stock up for ugly sweater parties. They are prepared.
- 12 Indio Cigar Factory** - Sells cigar and hookah supplies and even has a hookah lounge.
- 13 Station** - Feel free to come on down and make a fool of yourself at karaoke nights.
- 14 Mac's Uptown Cellar** - Also known as 'Towner.'
- 15 What's Cookin'** - Definitely try the strawberry bread. It will blow your mind.

Livin' the Square Life

Eastern students enjoy the comforts of downtown Charleston

By Elizabeth Edwards
City Editor

Before he was the president of the United States, Abraham Lincoln would often take on legal work at the Coles County Courthouse on Charleston's square. His time spent in the area also gave him the opportunity to visit relatives such as his father and stepmother, Thomas and Sarah Bush Lincoln, who lived just south of town.

Spending time in Charleston gave Lincoln the opportunity to expand his local political connections. Between 1841 and 1855, Lincoln was often seen at the square's inns and taverns. Although the businesses may not have the same names, you too can explore the same area where Lincoln spent his pre-presidency days.

Jackson Avenue Coffee

Jackson Avenue Coffee, located at 708 Jackson Ave., is a popular hang-out for Eastern students because of its wide variety of coffee, sandwiches, soups and other food as well as its live music, which takes place several nights a week. Tuesday nights are Blues Nights, where students can listen to live blues musicians perform. Every Thursday at 7 p.m. the coffee shop sponsors an Open Mic Night, in which anyone can walk in and sign up to perform.

On Fridays there is an open jam where musicians can come in and jam together. The coffee shop also offers free Wi-Fi. Owner Dano Reible said the atmosphere offers students a pleasant escape from the sometimes hectic atmosphere on campus.

"The free Wi-Fi and variety of good food helps create a study atmosphere and students seem to take advantage of that," Reible said. Jackson Avenue Coffee also holds many fundraisers organized by groups such as the Haiti Connection and the Coalition Against Domestic Violence.

JAC is open Monday through Friday, 7 a.m. to 10 p.m., Saturday, 8 a.m. to 10 p.m. and Sunday, 8 a.m. to 8 p.m.

South Side Cafe

The South Side Cafe is located across the street from the courthouse at 614 Jackson Ave. Its menu features omelets, biscuits and gravy, pancakes and about 30 different varieties of sandwiches.

It is open Monday through Friday, 5 a.m. to 2 p.m. and Saturday 5 a.m. to 1 p.m. It is closed on Sundays.

China Cafe

The square is also home to China Cafe, located at 716 Jackson Ave. It is

"It's just one of those places where you'll come in here and not be able to just leave after a few minutes."

Jim East, Lincoln Book Shop owner

a family-owned Chinese food restaurant that also delivers. Lunch specials, which are available until 2 p.m. every day are \$4.75 and include an entree, an eggroll or crab rangoon, fried rice and a fortune cookie.

The restaurant also offers pork, chicken, beef, seafood and vegetable platters which costs between \$4.65 and \$7.50. Family dinners cost between \$17.95 and \$27.95.

China Cafe is open Monday through Friday, 11 a.m. to 9 p.m., Saturday, 11 a.m. to 10 p.m. and Sunday, noon to 9 p.m. Phone (217) 348-5941.

Calliope Court

Charleston's square is also home to several shops that carry vintage merchandise. Calliope Court, located at 706 Jackson Ave. next to Jackson Avenue Coffee, offers fair trade imports, artwork and pottery, candles and incense and vintage clothing.

Shirts and skirts range from \$12 to \$50, purses from \$12 to \$40 and scarves from \$12 to \$15. For students with baking on their minds, Calliope Court also has more 200 different shapes of cookie cutters ranging from 98 cents to \$3.75 for larger eight inch models. Phone (217) 348-1905.

Spence's on Jackson

Spence's on Jackson, located at 722 Jackson Ave., carries vintage clothes and accessories. Many of the items in the store are from the '50s, '60s and '70s. The store has a large selection of vintage leather coats, which mostly cost between \$35 and \$40. Most shoes cost \$10. Every month, owner Linda Rose Spence conducts a drawing for a \$10 gift certificate to the store. "Everyone can come in here and find something they like before they leave," Spence said.

Spence's on Jackson is open Tuesday through Saturday, 1 p.m. to 5 p.m. Phone (217) 345-1469

Lincoln Book Shop

The New Lincoln Book Shop, located at 619 Monroe Ave., deals primarily in books, but has recently added an antiques section. The books, some of which are rare or out of print, cost anywhere from 50 cents to \$350. The average book cost, however, is around \$2.

Owner Jim East also sells artwork, jewelry, glassware and items such as

vintage radios. On Mondays at 7 p.m., students are invited to attend poetry readings.

The shop is open on Wednesdays and Saturdays, 11 a.m. to 5 p.m., and on other days by appointment. "It's just one of those places where you'll come in here and not be able to just leave after a few minutes," East said. "It's one of those search and explore places."

Phone (217) 345-8434

Indio Cigar Factory

Indio Cigar Factory, located at 503 Seventh St., sells cigars and hookah supplies. Owner Marvin Mirick sells his own hand-rolled brand of Indio Cigars, which cost from \$3.50 to \$6. He also carries popular cigar brands such as Acid, CAO, Upmann and Montecristos. Popular hookah flavors sold at Indio include Surfers on Acid, Incredible Hulk and Skittles.

The shop also operates as a hookah lounge, with three different smoking areas in the back room. The shop also frequently hosts small concerts featuring local bands. Mirick also offers hookah repair services.

Indio Cigar Factory is open Monday through Friday, 10 a.m. to 10 p.m. and Saturday 2 p.m. to midnight. It is closed Sundays. Phone (217) 348-1514.

Grand Ball Costumes

Grand Ball Costumes, located at 609 Sixth St., is a popular spot for students to find their Halloween costumes. The warehouse in the back of the shop is half of a city block long and contains more than 60,000 costumes.

Although the store is open by appointment only 11 months out of the year, it is open to the general public throughout the entire month of October. The store provides Halloween costumes, wigs, makeup, magic sets and other novelty items. The costumes are all rent-only and start at about \$30 for three days.

The owner, Jayne Ball-Saret, said students prefer this cheaper option because they are probably only going to wear the costumes one night. The store's website is www.granballcostumes.net.

Elizabeth Edwards can be reached at 581-2812 or eedwards@ciu.edu.

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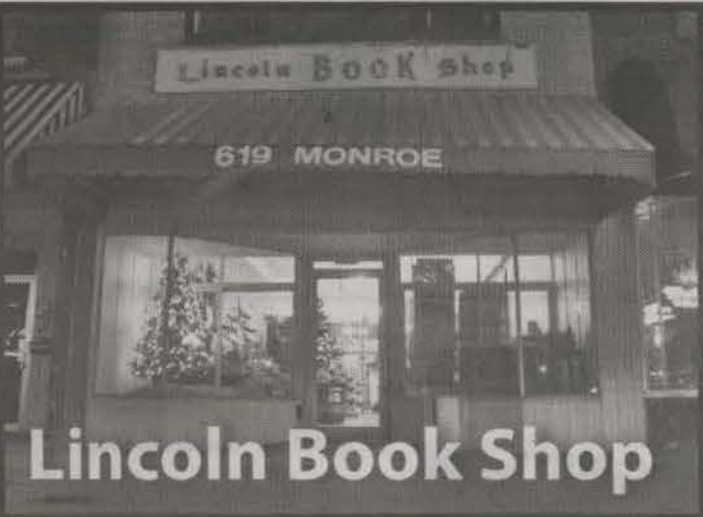
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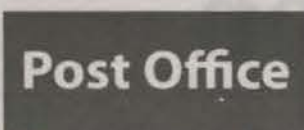
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How to ... Navigate the Square




Lincoln Book Shop



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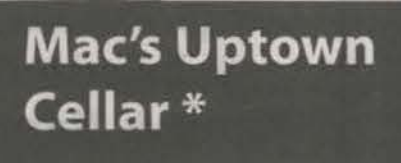
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Get ahead of the curve! Learn the what's on the square before you explore downtown Charleston.






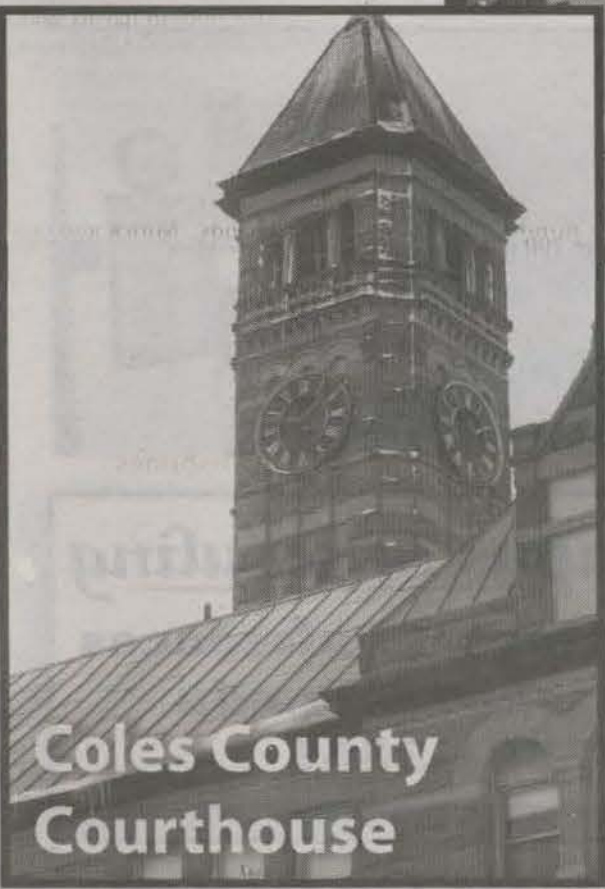
Roc's Black Front *



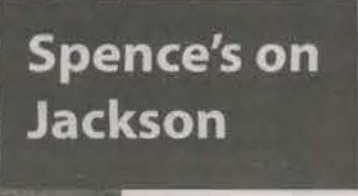
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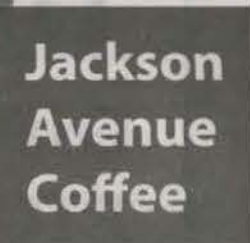
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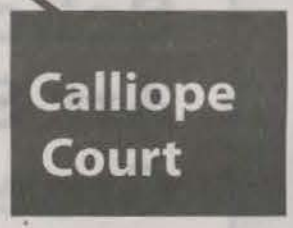
Coles County Courthouse




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Charleston Police Department

ILLUSTRATION BY EMILY STEELE & SHELLEY HOLMGREN

* These are the bars and grills located on the square.



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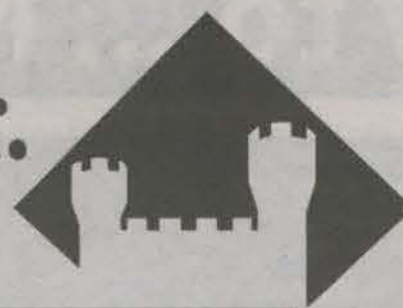


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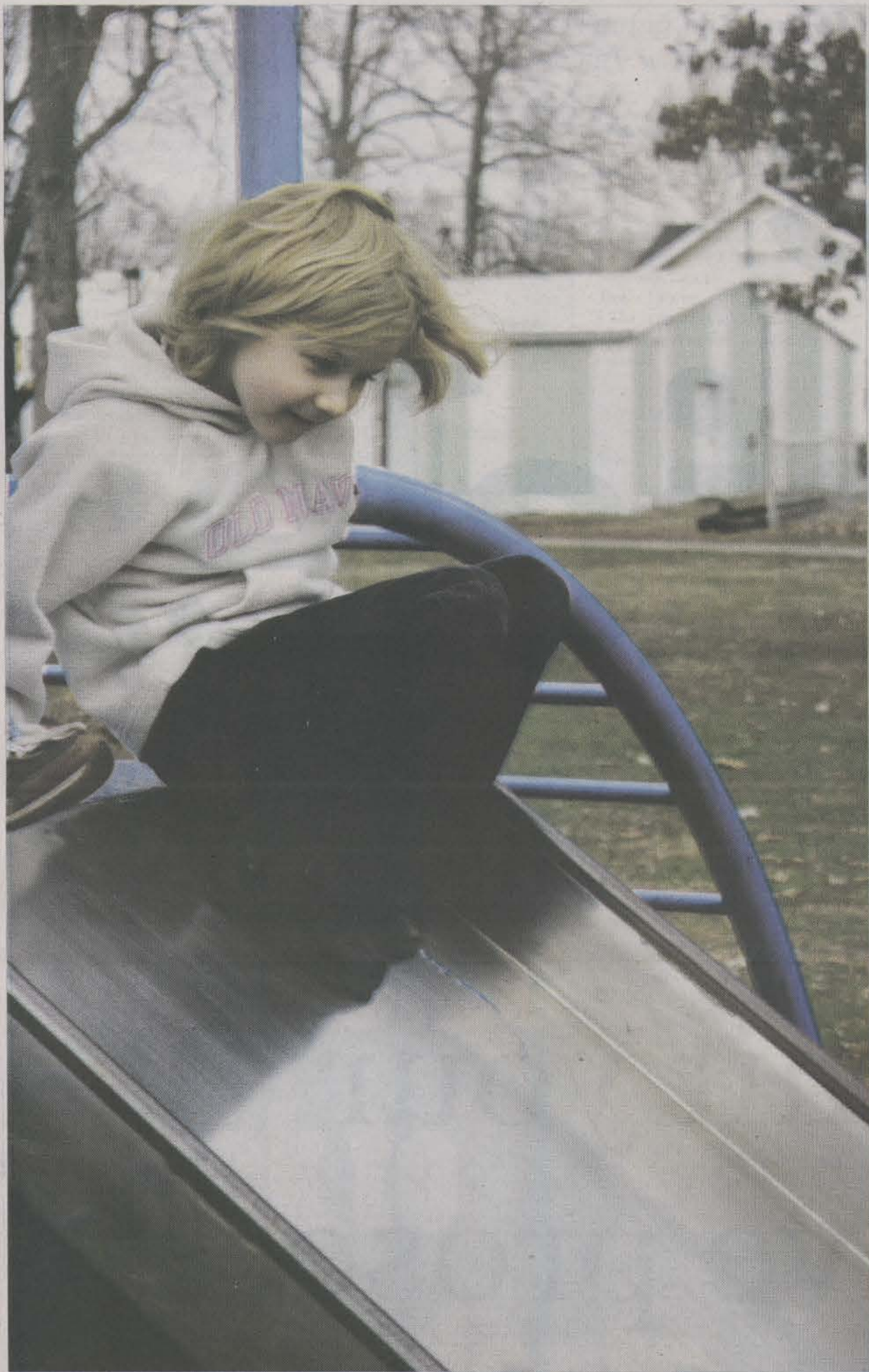
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PARKS AND RECREATION



AUDREY SAWYER | THE DAILY EASTERN NEWS
Kylie Muhr, 7, of Charleston, tries to figure out a way to go down the slide without hitting the water at the bottom of it March 19 at Morton Park.

Parks around Charleston

Students enjoy variety of options at local parks

By Nick Livers
Staff Reporter

The Charleston area has many parks to be enjoyed when students want to get out of the classroom and enjoy some fresh air. Anna King, a senior special education major, stood in the basketball court at Sister City Park, watching her English bulldog, Zeppelin, divide his time between riding his skateboard and chewing on it Wednesday afternoon.

Sister City Park, located on Route 130, south of Lincoln Avenue, is 16 acres and includes a large pavilion, a basketball court, sand volleyball courts, a baseball/softball diamond, a soccer field and a roller-hockey rink.

Russ Mazur, a senior environmental biology major, and his friends played a pickup game of roller hockey on Sister City Park's rink.

Brian Jones, the director of the Charleston Parks and Recreation Department, said he occasionally sees Eastern students playing roller hockey at Sister City Park and baseball and softball at Morton Park.

Morton Park, 1215 Division St., is the closest park to campus. Charleston Parks and Recreation Department runs programs at the park, while the Charleston Township Park District operates it.

Jones said Eastern students probably go to Morton Park because several students live at rental properties nearby.

Jones said students are more likely to use the Student Recreation Center for intramurals, but they are welcome to sign up for city-run programs at the parks.

"They pay student activity fees for the Student Recreation Center," Jones said. "I don't blame them. I wouldn't pay additionally for city programs."

"I go to the parks all the time with my friends to picnic, play Frisbee and let my dog run around."

Anna King, special education major

King said the warm weather gives her an opportunity to finally get out of her apartment.

"I go to the parks all the time with my friends to picnic, play Frisbee and let my dog run around," King said. "Going to the park gets me away from campus and lets me do my own thing."

Mazur said he and his friends play roller hockey at the park at least twice a week when the weather is nice.

"If we wanted to play on an ice rink, we would have to drive 45 minutes to Danville or Champaign," Mazur said.

Jones said Lake Charleston is another popular place among students.

King said she plans on bringing her dog to Lake Charleston, but she is hesitant about letting him go into the water.

"If I had a Labrador, I would let it swim in the lake," King said. "Zeppelin (her dog), on the other hand, might go under."

Other parks in Charleston include Heritage Woods Park, Kiwanis Park, Lafferty Nature Study Area, North Park, Reasor Park, VFW Way Park, Woods Park and Woodyard Conservation Area.

Nick Livers can be reached at 581-2812 or nllivers@eiu.edu.

LOCAL

Off campus hot spots

Explore Lincoln Log cabin, Fox Ridge, local towns

By Shaun Johnson
Staff Reporter

While incoming students will have many things to do on campus, there will be many other places to relax or hang out off campus.

Cindy Janssen is an employee of Cross County Mall, 700 E Broadway Ave., Mattoon. Janssen said what makes the mall a great place to visit is that it offers a variety of stores in one location.

Janssen said there are more than 32 stores available.

Those stores include Radio Shack,

Bath & Body Works, Payless, Pro-nails, Maurices, Claires, Walden Books and JC Penny, just to name a few.

Another place to relax is Fox Ridge State Park. Fox Ridge State Park is south of Charleston, on Route 130.

Jodi McKinney, an employee of Fox Ridge State Park, said people come to relax everyday; to just take a walk or exercise.

"Fox Ridge has nine miles of trails, and some interlock by the lake," McKinney said.

"It's very beautiful, clean, quiet and very peaceful," McKinney said.

Lincoln Log Cabin, located in Lerna, which is west of Charleston, is the historic memorial site where Abraham Lincoln's father and step-mother lived.

It was a frequent vacation site for Lincoln. He made his last visit during his presidency in January 1861.

Lincoln Log Cabin is located seven miles south of Charleston.

Matthew Mittelstaedt, the manager of Lincoln Log Cabin, said what makes people want to visit is, that although Lincoln did not live there, as patrons walk the farm out they can get a really good sense of his background and roots as well as what it was like to life on a farm in that time period.

"So it's great to see what he became," Mittelstadet said.

Shaun Johnson can be reached at 581-2812 or sajohanson6@eiu.edu.



HOW TO: ATHLETICS

D



HOW TO: ATHLETICS

Whether students are just interested in staying healthy or becoming avid Panther fans, this guide is the place to look for all sorts of information on Eastern athletics.



2D "Baker, rec center save students thousands"



4D "Hard work pays off for Schuette"



8D "Young team defies the odds, wins team of the year"

HOW TO BLEED BLUE

Panther Nation looks to build school spirit

By Nike Ogunbodede & Kayleigh Zyskowski
Student Government Editor & News Editor

Going into its third year, the Panther Nation will be looking for new students to bleed blue for Eastern athletics for the 2011-2012 school year.

Student Senate Speaker Jarrod Scherle, the chairman of recruitment for Panther Nation, said the Panther Nation is like cheering for a high school team, but on a larger scale.

The Panther Nation is the cheering section at the home athletic events, and takes road trips to the bigger away games.

"One thing I always ask freshmen is if they liked cheering for their high school football games," Scherle said.

He said if students like cheering for their high school teams, then they will like cheering with the Panther Nation that has been up to 300 students strong at some of the bigger football games.

"Do they like cheering so loud that they leave the games hoarse?" Scherle said. "If they do then they belong with the Panther Nation."

Student Body President Michelle Murphy said she was one of the founding members of the Panther Nation.

Murphy said Panther Nation will be looking to improve will be consistency.

At this point, the Panther Nation only attends football and basketball games, but eventually Murphy said it would be great to have enough consistent supporters to attend all of the athletic events.

They usually recruit during the first week at Pantherpalooza and at some of the other first week events.

"A lot of freshmen end up signing up, and it's a great way for them to get one of their first spirit shirts, and school spirit gear to hang up in their rooms and gets them on the right track," Scherle said.

"A lot of freshmen end up signing up, and it's a great way for them to get one of their first spirit shirts, and school spirit gear to hang up in their rooms and gets them on the right track."

Jarrod Scherle, student senate speaker

He said one of the hardest aspects of being a member is getting hyped up for every game.

"There are just so many games that sometimes it's hard to get up for all of them," he said. "Sometimes we have to invent new ways to get everyone excited for them."

Students can charge the dues for signing up to their student accounts.

Students who show up for the games receive points at every event, with the opportunity to win a prize at the end of the year.

"It's incentive to have good school spirit," Scherle said.

Student government members Ed Hotwagner, Mary Lane and Scherle are working as the executive board for the 2011-2012 Panther Nation.

Nike Ogunbodede and Kayleigh Zyskowski can be reached at 581-2812 or dennewsdesk@gmail.com



FILE PHOTO | THE DAILY EASTERN NEWS

Michelle Murphy, a senior communication studies major, and Jarrod Scherle, a senior finance major, wait for the football game against Illinois State University to start Nov. 13, 2010 in Normal, Ill.

NUMBERS Athletics

131

Overall wins for Panthers in 2010-2011 season as of May 2, 2011

Average height of Eastern women's basketball team

5'11"

7 Retired jerseys

5,400

Lantz Arena at capacity

30

Foul balls in an average softball game

16,244

Weight of the entire Eastern football team

\$125,000

How much money Bob Spoo makes per year

Holes at the Frisbee golf course

9

STUDENT RECREATION CENTER

Baker, rec center save students thousands

By Rob Mortell
Sports Editor

Many universities in Illinois are facing budget deficits and are unable to make improvements to their facilities for their students, but Ken Baker, director of Campus Recreation, and the staff of Eastern's Student Recreation Center have done just that.

Eastern provides a state-of-the-art workout facility for its students, while making its students contribute less money than most colleges in Illinois.

Students pay \$72 per semester to fund the rec center and all full-time employees who work there. This is less than other Illinois universities with similar budgets. For example, Western Illinois and Illinois State students pay \$147.75 and \$120 respectively.

Eastern is able to save its students this money by employing four full-time employees and six graduate assistants. Western employs nine full-time workers and 13 graduate assistants, while Illinois State employees 15 full-time workers and has an estimated five graduate assistants.

Eastern spends a total of \$213,027 on its full-time employees, which is about half of Western's budget and a third of Illinois State's.

Making improvements

With the money Eastern is able to save, the university is able to constantly improve the rec center for the students.

Baker said Eastern plans on making many improvements. Eastern has installed energy-efficient lighting, a new blue and gray floor, new moisture-resistant furniture and much more.

Some of the most popular exercise equipment is the cardiovascular machines, which are replaced every five years. A new elliptical machine costs \$6,500.

"In the last 10 years the rec center has been totally redone," Baker said.

Instead of giving the state of Illinois the old, used cardiovascular equipment to be sold at auction,

which yields no money for the university, the equipment is traded-in for between \$500 and \$1,800.

The rec center has 19 elliptical machines, which will increase that number to 22, Baker said.

"We used to have eight treadmills, then we moved to 10. Now we have 12," Baker said. "We will be getting more elliptical machines, but before you make a move like that you have to have the numbers to support it."

Drawing large numbers

A survey showed in the rec's busiest hours during September 2010, 1,056 people used cardiovascular equipment while 191 used the selectorized equipment.

Baker said Eastern buys the top-of-the-line cardiovascular equipment because the machines take such a beating each day.

From Jan. 1 to Feb. 21, 63,971 students and faculty visited the rec center, which is more than 2,000 per day.

This year Baker is requesting no increase in payroll despite minimum wage increasing 60 percent since 2004. They are also requesting about \$2,600 for new supplies, which has decreased from \$5,000 last year. Maintenance agreement and repairs will also cost \$5,000 less this year.

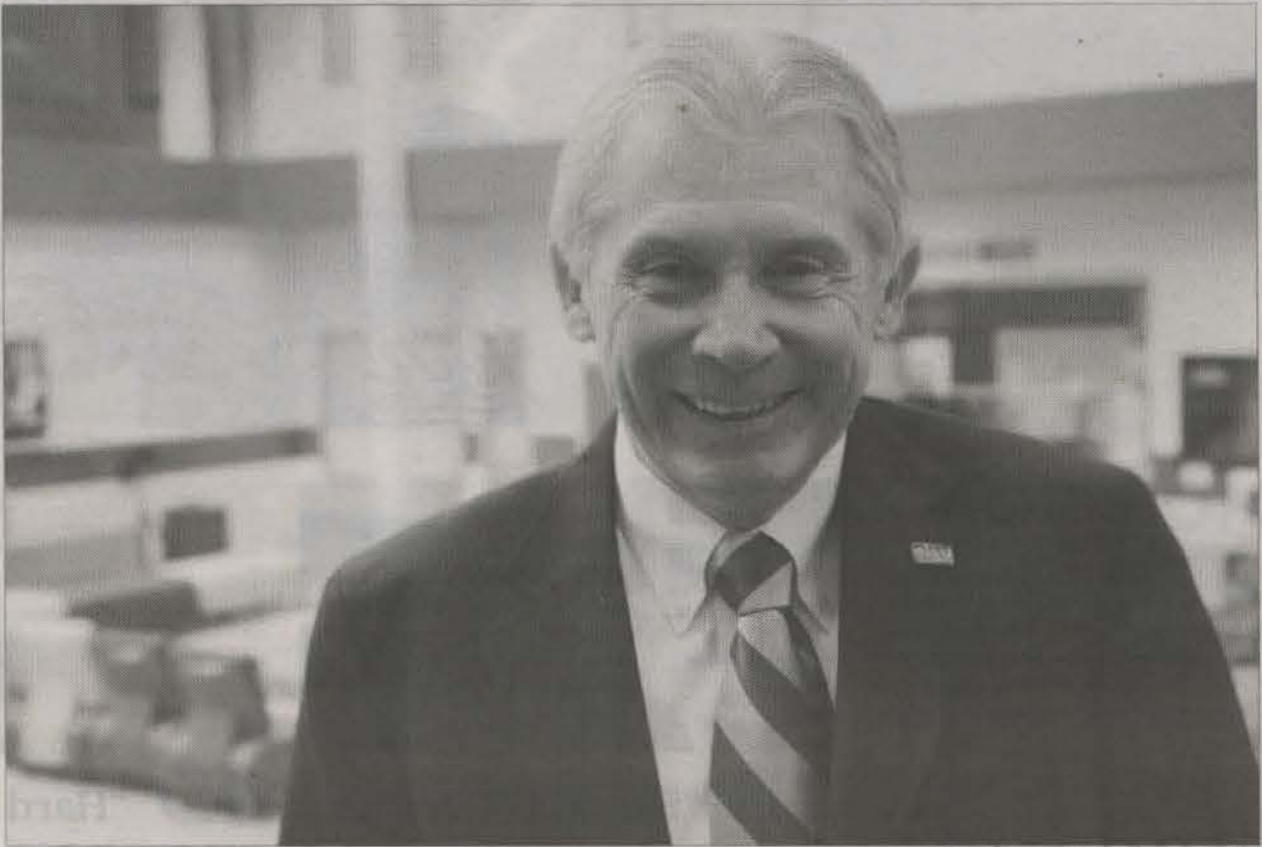
Taking classes

The improvements the rec center makes are not limited to new equipment and maintenance. The rec center offers numerous classes that are taught by employees.

The classes range from cycling, abs classes, to yoga. Classes are Monday through Friday from 6:30 a.m. to 8 p.m.

Program Director Sarah Daugherty said she is always looking for input to improve what classes are offered and for new classes.

Daugherty said Zumba was added in Fall 2010 and it has quickly become the most popular class offered. Zumba is a registered name and a certified instructor needs to teach the class, which is why it took Eastern a few years to offer it. A single session



Ken Baker, director of Campus Recreation, and the rest of the staff of the Student Recreation Center have been able to make improvements even with budget deficits.

of Zumba can consist of between 55 to 80 people, but the class averages about 50 people per session.

Zumba currently has five different scheduled classes one each day Monday through Friday.

"(To improve) we look to the student body to see what is really popular and what they want to participate in," Daugherty said.

Behind the scenes

Senior Building Coordinator (BC) Lauren Lepchenske is one six BCs who hold the highest undergraduate position available. A BC's responsibility ranges from opening up the Rec. Center at 5:30 a.m., to filing daily reports, to cleaning out the lockers after closing.

"I have to set two alarms in the morning," Lepchenske said regarding opening the rec center.

Tours pass through the area often,

as well as many professors and other faculty, so it is important that the center's employees remain busy.

Saving money

Ronnie Hellman is also employed by the center. He comes in every morning and repairs any broken equipment. His job saves Eastern hundreds of dollars.

The workout equipment needs to be reupholstered consistently because it get worn out by being used often.

Hellman uses pre-ordered fabric to fix the worn machines, which saves Eastern about \$100 because they do not have to send the parts in to the manufacturer, Baker said.

Saying goodbye to the NFL

Baker, who retired this year as a NFL referee, said he enjoyed his time in the NFL, but Eastern is where his heart is.

"These are my friends, these are the people I care for," Baker said. "I have great friends in the NFL but I leave them on the weekends," Baker said. "I have been really fortunate to be able to balance a nice career in the NFL and still have my family intact, my job and my friends."

Baker said he will not miss the travel. He said the NFL is where he received most of his (national) attention, but Eastern is where he wants to be.

Thousands of people depend on Baker and the other employees at the Rec Center to be open everyday.

"You can close down the library for one week and no one will say anything, but if you close down the rec (center) you will have a riot on your hands," Baker said.

Rob Mortell can be reached at 581-7944 or rdmortell@dennews.com.

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HOW TO REC



Chris DeShon, a senior life science major, and David Spicuzza, a junior mass communications major, play basketball in the Student Recreation Center on May 2.

Rec helps students stay fit

By Dominic Renzetti
Assistant Sports Editor

The best way to avoid the feared ‘freshman 15’, sophomore cellulite, junior gut-jiggles or the dreaded senior spare-tire is to spend some time at Eastern’s Student Recreation Center.

With all the resources available to students at the rec, that keg will turn into a six-pack in no time.

Eastern’s rec center is located right next to Stevenson Hall and Lantz Arena. All a student needs to gain access is his or her Panther Card. The rec is open from Monday to Thursday from 5:30 a.m. to Midnight, on Fridays from 5:30 a.m. to 10 p.m., and then on weekends from 10 a.m. to 10 p.m.

Know when to go

The times when the rec center is least crowded is early in the morning, later at night, and on the weekends. An early morning workout is a great way to start the day, and an evening session could relieve stress.

Senior business major Nate Farber, a rec center employee, said the busiest days are definitely Monday through Thursday.

“It gets bad at the beginning of the semester, everybody comes to workout because they don’t have anything

else to do, and a lot of new people hear about it and check it out,” Farber said. “Then in spring semester, everyone is off their New Year’s resolution and they want to lose weight for spring,” he said.

Lock up your stuff

The rec has easy-to-use lockers available for students to store their belongings.

Don’t overdo it

Rec-rookies shouldn’t burn themselves out too quickly. Know one’s limits and find a workout plan that fits one’s own fitness plan.

Switch it up

The rec center has a wide variety of equipment available. The rec center’s cardio area has dozens of Elliptical trainers, treadmills, stationary bikes and others, as well as a circuit training area, two free-weight areas, basketball courts, and an 1/8th mile jogging track.

Maurice Green, a freshman accounting major, said his favorite part about the rec center is its variety.

“Probably the variety of things I can do. I can workout, I can run, I can play, basketball, volleyball, any of the stuff like that,” Green said.

Join an intramural team

The rec center offers numerous major intramural team sports throughout the year, as well as individual sports. Intramural sports are a great way to have fun, stay active and meet new people.

Bridget Murphy, a sophomore recreational therapy major, said intramural sports and group fitness classes are one of her favorite things about the rec center.

“They’re really fun too,” Murphy said. Farber agreed.

“I think (intramural sports) is a great way to kind of continue that competitive edge you might have had in high school,” Farber said.

Take a class

The rec center also offers a number of different classes for people of all skill level. Classes at the rec are a great way to workout, as they offer a group setting with assistance from fitness instructors. Different classes are offered at different times throughout the week so students can work the classes around their schedule.

Following these tips and advice will have students into rec regulars in no time.

Dominic Renzetti can be reached at 581-7944 or dcrenzetti@eiu.edu.

VIEWS

Keep a look out for these Top Cats

Eastern athletes to watch out for on the field

By Dominic Renzetti
Assistant Sports Editor

In the world of Eastern sports, there are a few names from each sport that any dedicated member of Panther Nation needs to know.

On the football field, fans should definitely know quarterback Jimmy Garoppolo, who will be entering his second season under center for the Panthers.

A likely target for Garoppolo will be wide receiver Erik Lora. The Miami, Fla., native will surely be a target for Garoppolo this season, definitely giving fans something to watch for. On the defensive side of the ball, look for veteran linebacker Gordy Kickels to carry the team.

When basketball season rolls around, fans should look for Jeremy Granger, who took over the leadership role after the season ending injury of Tyler Laser, to again lead the team.

In women’s basketball, fans should make sure they know Ta’Kenya Nixon, Jordyne Crunk and Kelsey Wyss, the same group that helped take the Panthers to the Ohio Valley Conference tournament last year.

Fans should also pay attention to the star-studded softball team, especially slugger Melise Brown and Morgan Biel. Young pitcher Stephanie Maday will surely follow in the footsteps of veteran Amber May in leading the Panther pitching staff.

On the baseball diamond, fans should take note of players Zach Borenstein, and pitcher Ben Thoma. Also on the mound, pitcher Mike Hoekstra will surely be another pitcher to watch, especially in the OVC, as he is a former OVC Preseason Pitcher of the Year.

The track and field and cross-coun-



try teams are full of talent and names that fans should know.

Sprinter Zye Boey and pole vaulter Mick Viken are arguably two of the best athletes not only at Eastern, but in the nation. Fans will definitely be hearing their names a lot next season, in both the indoors and outdoors.

Megan Gingerich carries the experience necessary to lead the team to a successful run at another OVC championship. The young talent of Erika Ramos and Jill MacEachen will also be beneficial in the team’s OVC campaign.

Olivia Klaus was the top finisher for the Panthers in nearly all of their cross country events last season, and fans should not be surprised if she can do it again this year.

After having a year of experience under his belt, Ryan Ballard should also be a force to look out for come cross country season.

The women’s rugby team is one of the most dominant teams at Eastern. Lauren Doyle was a monster on the field last season, and still being young in her career, she should have a repeat season again this year.

Dominic Renzetti can be reached at 581-7944 or dcrenzetti@eiu.edu.

Every week the sports staff of *The Daily Eastern News* sits down and determines which athlete performed the best that week.

Fans should definitely take note of these names, as they are all Top Cat potential once their seasons start.

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DEN COACH OF THE YEAR

Hard work pays off for Schuette

By Alex McNamee
Staff Reporter

Eastern head coach Kim Schuette has coached her softball team to a 34-9 record so far this season. The reason: the players.

"When you win, it's the kids," Schuette said. "When you lose, it's the head coach."

Schuette has coached the Panthers to the program's best season in its Division-I history this season, but she said knows as soon as a team gets comfortable winning it can all go away.

At this point in the season, the Panthers are still riding high as the leader of the Ohio Valley Conference so everything is good, Schuette said.

"The food tastes better, the sun looks brighter and so everybody is having a good time right now because the team is clicking," Schuette said.

Schuette said she has been blessed to surround herself with coaches and players who work well together and make the group better.

Her assistant coaches, Jason Dorey, Al Schuette and Dennee Menzione each have their specialty on Schuette's staff.

Schuette said Dorey is the businessman, finding players to recruit, as well as the fiery one of the coaching staff. Schuette's father, Al, is the "eternal optimist," teaching the players everything about his knowledge of the game.

Menzione is the former player, turned coach. The transition has been

a weird one, according to Schuette.

"I kind of took 22 friends away from her because she can't be their friend," said Schuette, the sixth year coach. "She can't go out with them, she can't hang out."

Schuette's players have also been a benefit to the team's good season. Schuette gives a lot of credit to Dorey, who is a major recruiter for the team.

Four of the top six hitters on the Panthers are from different classes. Sophomore outfielder Melise Brown is batting .401, a team-high. Junior catcher Hailee Hanna has the second highest batting average on the team, followed by freshman outfielder Morgan Biel. Senior infielder Kiley Holtz has the sixth highest average on the team.

The other two of the six players are both freshmen, Reynae Hutchinson and Carly Willert.

"The freshman class is great, they're a fun group of kids to be around," said Schuette, the *Daily Eastern News* coach of the year.

With the historic success she has experienced this season, Schuette said it feels like all of her hard work as a coach is starting to pay off.

Senior pitcher Amber May, who is a part of the recruiting class that brought in Holtz and Melinda Jackson as well as May, said Schuette changed up preparation for this season.

May said the way the team set out to achieve its goal was a little different.

"In the past two years our goal has been to get to the conference tourna-



AUDREY SAWYER | THE DAILY EASTERN NEWS
Head softball coach Kim Schuette has led her team to a 34-9 record this season so far. Schuette has coached the softball team for six seasons now.

ment, but we've never really drawn a line of how we get there," May said. "This year we mapped it out. People have that in their heads now, what they need to do to be successful."

As the top dog in the OVC right now, Schuette and her team are in good position to be the No. 1 seed in the OVC tournament, which would allow them to host the tournament at Williams Field.

With the season going so well,

Schuette said her job has been especially fun. She said she is lucky enough to wake up every morning and look forward to going to work.

Although in the 24-hour per day coaching world she is taken away from her one-year-old daughter, she said her days are never identical.

"I get to wear lots of different hats," Schuette said. "This morning (April 15) I was out in the rain putting tires on the tarp so it wouldn't blow off.

Maybe on Monday, on my day off, I'll do my nails."

Schuette said being a coach can be awfully lonely when you're losing, but it can also be the greatest place to be when you're winning.

Right now Schuette is at the greatest place on earth.

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HOW TO RECRUIT

Coaches recruit differently based on sport

By Brad Kupiec
Staff Reporter

Recruiting is a crucial part of the athletics at any university.

Some sports and coaches recruit differently than others, some have strict guidelines regarding how often and when they're allowed to contact potential student-athletes, while others are able to be more liberal in their recruiting.

Eastern Cross Country head coach Erin Howarth said the key for her to allure runners to Eastern is to start as early as possible.

"Even though this is my first year, I try and start early (this spring) if not last fall recruiting (high school) juniors," Howarth said. "We'll just follow them, how they do in cross country, how they do in track, email them, send them questionnaires, talk with their coach a lot, do as much as we can to lay the groundwork for when the real recruiting starts in July."

Mike Lynch, the Panther football's recruiting coordinator and wide receivers coach, said the NCAA gives football programs a much stricter set of rules and regulations.

"We're allowed one phone call between April 15 and May 31 of their junior year," Lynch said. "We'll call those guys one time and talk to them, get to know them a little bit, then we want to get them to our camps in the summer time so we can see them work out."

Lynch said football subscribes to recruiting services to sift through the players who are attainable for a school like Eastern but still the best players possible.

Baseball head coach Jim Schmitz said baseball requires recruiting with an eye on the future and which posi-

tions will become points of need on the roster by the time the players being recruited now will reach readiness.

"You've got to identify what your needs are," Schmitz said. "Then you identify when they're going to play."

Schmitz said one of his biggest challenges in recruiting is predicting which players will or will not develop when looking ahead at recruits.

"That's where the (junior colleges) come in," Schmitz said. "You look at a high school kid that's going to kind of take a year to get here and understand it. You kind of look at your team if

you know you've got (a guy like sophomore Ryan) Dineen for a couple years at third, you don't go out and get a (junior college) third baseman, you get a freshman and he learns and the Dineen graduates and (the recruit) comes."

Each sport varies, but coaches Howarth, Lynch and Schmitz agree, the town, campus and people of Charleston and Eastern are a big selling point to potential recruits.

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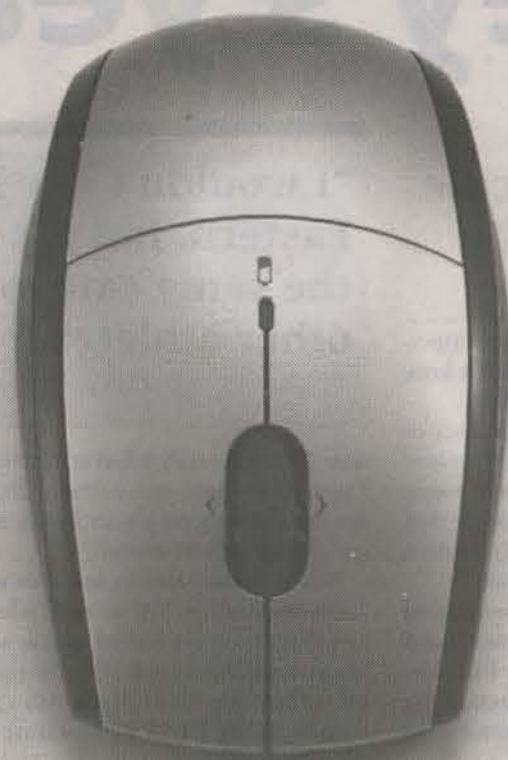
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THE DEN MALE ATHLETE OF THE YEAR

Boey's year to remember

Sprinter adds to his trophy case

By Dominic Renzetti
Assistant Sports Editor

Red-shirt junior Zye Boey competed in his first full season since a knee injury sidelined him last season.

Boey returned better than ever to have arguably one of the best indoor and outdoor seasons in Eastern history. It's that type of performance that makes Zye Boey *The Daily Eastern News* Male Athlete of the Year.

In the indoor season, Boey started strong and finished strong. He opened the season at the EIU Early Bird, the Panthers' debut indoor meet of the season, and swept the 60-meter dash and 200-meter dash.

He closed out his return to the indoor season with a seventh place finish at the NCAA Indoor Championships in College Station, Texas at Texas A&M University.

Boey broke the all-time Eastern in-

"I wouldn't say I'm the face of Eastern, but it's an honor to be in the same category as all of those other athletes."

Zye Boey, red-shirt junior sprinter

door 200-meter dash record at the Notre Dame Mayo Invite with a time of 20.89 seconds, breaking the former record, also set by Boey, by 0.02 seconds.

When it was time to move to the outdoors, Boey picked up right where he left off from his indoor season and began breaking records. Boey topped off the EIU Big Blue Classic with a record-breaking 10.15 second time in the 100-meter dash.

Boey gives a lot of credit to his coaches and athletic trainers who helped him throughout his rehabilitation process after suffering the injury. He said a big part of returning to the track was believing.

"Really, the main key is believing in the

coaches and athletic trainers," Boey said.

He said he put faith in everything they said to him and that helped him rebound this season.

Boey also said he was not at all nervous about returning for a full season, and that he was determined to make the jump back into competition.

"It really wasn't too much of a surprise," Boey said, "I just really, like I said, wanted to enhance the program."

And enhance the program he has. At the NCAA Indoor Championship, as the Panthers' lone representative, Boey said he wanted to put Eastern on the map. The Panthers are among the best in the Midwest Region, and the highest

ranking Ohio Valley Conference team in the regional and national rankings.

Being one of the most successful athletes to walk the campus of Eastern, Boey has started to become somewhat of a face of Eastern athletics, winning *The DEN's* weekly "Top Cat" award for the week's best athletic performance numerous times throughout the year.

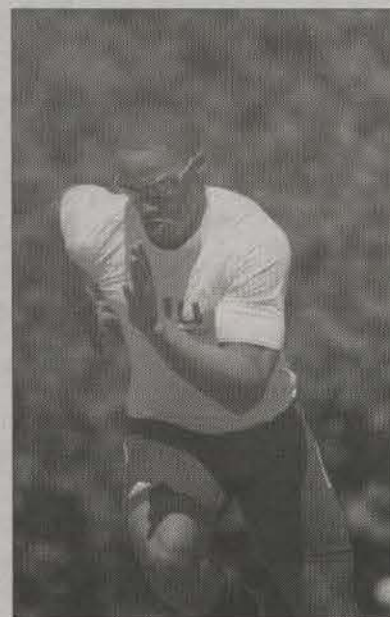
"I wouldn't say I'm the face of Eastern, but it's an honor to be in the same category as all of those other athletes," Boey said.

Boey said he just tries to do a good job, have fun and achieve success in the classroom and on the track. Boey was awarded the Merit Award at the Scholar Athlete awards banquet for holding a GPA of 3.00 to 3.49.

With the long, hard hours of work Boey has put in, he feels that he has earned the title of Athlete of the Year.

"I'm excited to be Athlete of the Year," Boey said. "I think I've earned it."

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DANNY DAMIANI | THE DAILY EASTERN NEWS
Zye Boey, a red-shirt junior sprinter, takes off from the start during the men's 100-meter dash April 2, during the second day of the EIU Big Blue Classic.

TOP 5 MALE ATHLETES

Five of Eastern's best

1. Zye Boey - Red-shirt junior, Track and Field- All-American in indoor track

- Set Eastern outdoor records in 100-meter and 200-meter dash
- OVC Track Athlete of the Year (Indoor season)
- Seventh in indoor 200-meter dash at NCAA National meet

2. Mick Viken - Red-shirt freshman, Track and Field

- Broke Eastern pole-vaulting indoor and outdoor records as a freshman
- OVC Freshman Athlete of the

Year (Indoor season)

- Transferred from the University of Wisconsin

3. Nick Nasti - Senior, Football linebacker

- Named to first team All-OVC
- Named to the Football Championship Subdivision Athletic Directors Association Academic All-Star Team
- Led the OVC with 114 tackles, including 3.5 for loss.

4. Jeremy Granger - Junior, Basketball guard

- Averaged 14.5 points, 4.5 rebounds and 2.8 assists a game as a junior

- On pace to be Eastern's best free throw shooter
- Named to the National Association of Basketball Coaches District 19 second team

5. Kevin Cook - Red-shirt Senior, Football punter

- Named to the first team all OVC
- Ranked eighth in the nation in yards per punt 42.9 yards
- Broke Eastern's record with an 86-yard punt



FILE PHOTO | THE DAILY EASTERN NEWS
Jeremy Granger, a junior guard, takes the ball up court against Anderson University Jan. 3 in Lantz Arena.



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THE DEN FEMALE ATHLETE OF THE YEAR



DANNY DAMIANI | THE DAILY EASTERN NEWS

Female athlete of the year Amber May winds up to throw a pitch April 13 in a game versus Southeast Missouri at Williams Field. May is currently 18-4 with an ERA of 1.30, the 14th lowest average in the nation.

Wind in their sails

May: Catalyst in historic season for team, pitchers

By Alex McNamee
Staff Reporter

Wherever she goes, people around softball know senior pitcher Amber May, said Eastern head coach Kim Schuette.

May, the anchor of the Eastern pitching staff, which had the nation's best Division-I ERA in the as of April 12 at 1.16, is a hot commodity around the nation and overseas.

"It's still a goal, a dream of mine, to continue to play," May said, the 18-game winner. "I'm not shutting the doors."

Numerous teams, both in the U.S. and overseas, have contacted May about playing professionally, she said. But she is not ready just yet to be done with Eastern softball.

Eastern is having its best season in its program's Division-I history at 34-9 with nine games to go until the Ohio Valley Conference tournament. The Panthers are in first in the OVC standings.

"Going out like this is something I'm definitely going to look back on in the future and be happy about," May, *The DEN* Female Athlete of the Year, said.

As of April 12, May was ranked 14th in the nation in ERA at 1.14 (currently 1.30), 45th in victories with 14 (currently 18) and 51st in

strikeouts with 143 (currently 178). May is ranked among the top 70 pitchers in Division I in most major pitching categories.

All of May's success probably comes as a shock to the people who doubted her coming off of a successful high school career at Normal Community High School in Normal, which included a state championship.

Schuette said people told May she was too small to play Division-I softball. She said they also told May she would not make it at the next level because of her knee problems.

"She put that in her and now you look at what she's done," Schuette said.

May has always enjoyed proving people wrong, she said. As a junior in high school, her dad, Mike, doubted she could throw a no hitter and hit a home run in the same game.

May was pitching for Normal Community against the school's cross-town rivals, Bloomington, and she proved her dad wrong.

In the sixth inning, May had a no hitter going. In the inning, she hit a home run, triggering the crowd to start to believe in her.

"Everyone started whispering, 'Oh my god, she's going to do it,'" May said. "My dad wasn't going to go through with it until someone on the radio got a hold of the story."

After the Bloomington game, May could be seen around town driving a brand new 2006 Mitsubishi Eclipse.

"Don't bet against me, I'll prove you wrong," May said.

May has proven herself wrong this season with an 18-4 record and a 1.30

ERA. Early in the season, May said she doubted herself.

In the first two weekends of the season, May had three of her four total losses this season. Schuette got her No. 1 pitcher back on track, May said.

"She'll hit me in the back of the head and say, 'Get out of your own head. You're your own enemy,'" May said. "She kind of gave me a kick in the butt and told me to relax."

May said she has learned the pressure is more on the hitter than the pitcher. Opponents have been feeling the heat this season when May is on the mound, as opposing batters are only batting .190 against the senior.

With all of the success May has had against the odds, Schuette said everybody the sport is happy to know May.

"Everybody knows Amber because they want to know her, because she is so good and has overcome some obstacles," Schuette said.

Two years ago, May realized even the youngest softball players know her and look up to her. In a summer game with the Bloomington Hearts, May got to play against the USA national team. After the game, as she chatted with some of the USA players, May had some admirers.

"There was a little line of girls behind me asking for my autograph," May said. "That's reassuring that people keep up with you and it's fun to know people follow you."

Alex McNamee can be reached at 581-7944 or admcmnamee@eiu.edu.

TOP FIVE FEMALE ATHLETES

Eastern women rank top in OVC, nation

1. Amber May – Softball, senior

- Currently 18-4 overall 14-1 in the OVC
- An ERA of 1.30
- Second in Eastern's history in strikeouts

2. Ta'Kenya Nixon – Basketball, sophomore

- Named to the All-OVC First Team
- Averaged 15.7 points and 6.7 rebounds
- Led OVC in assists (5.0)

3. Lauren Doyle – Rugby, sophomore

- Led rugby team to 10-1 record
- Led team in tries, assists, points, steals at tackle and runs more than 20 yards

• Played in all 11 games

4. Olivia Klaus – Track & Cross Country, junior

- Finished 101st at NCAA Regional meet
- Named to the All-OVC team
- Finished fourth at the OVC cross country championship

5. Kelsey Orr – Volleyball, senior

- Named to the All-OVC team
- Led team with 300 kills
- Had 24 kill-dig double-doubles



FILE PHOTO | THE DAILY EASTERN NEWS

Ta'Kenya Nixon, a sophomore guard, No. 2 on the top five female athletes makes her way around an opponent to drive up the lane Jan. 13 in Lantz Arena.

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FOOTBALL

Players prepare for Spoo's last season

Team hopes to send coach out on high note

By Alex McNamee
Staff Reporter

Although football head coach Bob Spoo is entering his final season before retirement, junior linebacker Gordy Kickels said the coach is as fiery as ever.

"Coach Spoo has really come out with some intensity this spring," Kickels said. "You get the sense that him, along with the rest of the coaching staff, are ready to get this program back where it belongs."

All of the players on the football team are taking this season as an opportunity to send their coach out on a high note.

"It is our goal to make sure he goes out with a bang," red-shirt freshman tight end Von Wise said.

Wise said it has been an honor to be coached by Spoo, who is entering his 25th season as Eastern's head coach.

Spoo is the winningest coach in Eastern's athletic history, and is also the current Eastern coach who has been here the longest.

"He is an NCAA legend and will be missed at EIU," Wise said.

Spoo announced in November he would be retiring after his 25th season as head coach of the Panthers.

Freshman quarterback Jimmy Garoppolo said Spoo's retirement gives the team a little more motivation to want to have a good season.

"It gives all of our players and coaches a little more motivation to send him off on a good note," Garoppolo said.



FILE PHOTO | THE DAILY EASTERN NEWS
Head football coach Bob Spoo rallies the team during a game against Jacksonville State Sept. 25, at O'Brien field.

Garoppolo said he is just happy to be able to play for Spoo for one more year.

"I'm really excited I get to have another year with coach, but he will be missed by all of us," Garoppolo said. "I'm just hoping to give him a great final season at Eastern."

The Panthers have had an intense spring after going just 2-9 last season, one of the worst seasons with Spoo as the head coach.

"We are even closer as a team be-

cause of the season we had last year," Wise said.

Wise said the team has done a lot in the spring to produce good results in the weight room and on the field, so he said he expects this season to be the best yet.

"We are a hungry team with an 'all in' attitude," Wise said.

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ALUMNI

Eastern graduates everyone student should recognize

By Rob Mortell
Sports Editor

Many people view Eastern as a small state school, which it is, but there are many famous athletic alumni every student should know.

The two most prominent people are probably Dallas Cowboy quarterback Tony Romo and New Orleans Saints' head coach Sean Payton.

Romo is a Pro-Bowl quarterback whose off the field relationships have led to many articles in tabloid magazines. However, Romo is much more than a football player who has had relationships with other celebrities, he is one of two football players to have their jersey retired.

Payton won the Super Bowl in 2010 with the Saints and has become one of the most successful coaches with an Eastern background. Payton is also the only other football player to have his jersey retired. Payton leads the charge of Eastern coaches around the league.

Mike Shanahan is now the head coach of the Washington Redskins, but he is most well known for his time as the Denver Broncos' head coach. Shanahan and quarterback John Elway led the Broncos to a championship.

Brad Childress also has an Eastern background. He took the Minnesota Vikings to the NFC Championship game in 2010; however, he lost to Payton and the Saints to end his Super Bowl hopes. Childress is currently unemployed in the NFL.

Football is probably Eastern's most prominent sport in terms of famous alumni.

Other alumni include John Jurkov-



ik, who played defensive tackle for four teams in the NFL. He is now a radio broadcaster. Marty Heimerdinger has been an assistant coach for the Tennessee Titans.

As far as other professional sports go, Eastern has not been able to produce as many studs as football has.

The only NBA player all Eastern students need to know about is Kevin Duckworth. He was an All-Star for the Portland Trailblazers and has his jersey retired in Lantz Arena.

Ken Baker is also an Eastern graduate. He retired this season as an NFL referee. He is the Student Recreation Center Director.

Randy Melvin also made a coaching impact in the NFL. He has been a defensive line coach for the New England Patriots and the Cleveland Browns. Melvin is currently the defensive line coach at Rutgers University.

Nancy Kassenbaum is easily Eastern's best women's basketball player. She also has her jersey retired and holds virtually every Eastern scoring record.

Students will also recognize her from her statue just outside the Student Recreation Center.

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TEAM OF THE YEAR

Young team defies odds, wins team of the year

Hanna: 'No plans on stopping'

By Rob Mortell
Sports Editor

After a sub .500 season last year, Eastern's softball team has gone from middle of the pack to an out right leader.

So far this season the Panthers have a 34-9 overall record, which is the best record in Eastern's Division I history. They are also 21-3 in the Ohio Valley Conference.

The Panthers have a young team, with just two seniors on the roster; however, one of the seniors the team is losing is pitcher Amber May.

May has had a stellar senior season, posting an 18-4 overall record and going 14-1 in OVC games. She is currently second in Eastern's history in strikeouts. This season she has earned a 1.30 ERA, leading the Panthers to the third best ERA in the nation.

Sophomore catcher Abby Wood said the team has been successful because every player knows their role and does it to the best of their ability every day.

"We are solid all the way through and it doesn't stop with the starters,"

Wood said. "The people in the dugout are just as important as the nine on the field. That is what makes a great team."

Freshman outfielder Morgan Biel said the team has a great relationship on and off the field.

"The team has been doing so great because we have a great team chemistry," Biel said. "When someone is down, we pick each other up and we all contribute to the wins and different people step up each game to get the job done."

The Panthers have been led offensively by sophomore outfielder Melise Brown. Brown is hitting .409, which ranks at fourth in the OVC.

She also has seven home runs and 26 RBI's. She also leads the team in steals with 15 in 21 attempts.

Junior catcher Hailee Hanna has also been productive. Hanna is hitting .348 with seven home runs and 21 RBI's. The Panthers have eight players hitting over .300 this season.

Freshman pitcher Stephanie Maday has been almost as impressive as May in her first season as a Panther. Maday is 13-4 with a 1.53 ERA and 93 strikeouts.

"We have been dedicated to getting better each practice, and we have been focusing one game at a time," Maday said.



FILE PHOTO | THE DAILY EASTERN NEWS
The Eastern softball team has a record of 36-10 with two regular season games left before the start of the Ohio Valley Conference Championship.

Team members said they would not be in the position they are in if not for head coach Kim Schuette and the rest of the coaching staff.

"I could not ask for a better coaching staff," freshman infielder Ashleigh Westover said. "I think the best thing about them is how positive they

are. Even in tight situations they have good things to say, and they believe in us."

The season is not over and team members said they expect to win many more games.

"With our team, the sky is the limit," Hanna said. "I am speechless

when it comes to everything that we have already accomplished this season but I, and I know the team, has no plan of stopping."

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